PATIENT & CAREGIVER EDUCATION

Dexmedetomidine

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US
Igalmi; Precedex

Brand Names: Canada
Precedex

What is this drug used for?
Injection:

- It is used to help your child relax during some procedures.
- It is used to cause sleep while on a ventilator.

Film:

- If your child has been given this form of this drug, talk with the doctor for information about the benefits and risks. Talk with the doctor if you have questions or concerns about giving this drug to your child.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Low blood pressure, low magnesium levels, low potassium levels, or heart problems like slow heartbeat or heart block.
- If your child has ever been very dizzy or passed out.
- If your child has ever had a long QT on ECG or other heartbeat that is not normal.
- If your child is taking any drugs that can cause a certain type of heartbeat that is not normal (prolonged QT interval). There are many drugs that can do this. Ask the doctor or pharmacist if you are not sure.

This drug may interact with other drugs or health problems.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with

the doctor.

What are some things I need to know or do while my child takes this drug?

For all uses of this drug:

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child avoid tasks or actions that call for alertness until the effects of this drug wear off and your child feels fully awake. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.
- To lower the chance of feeling dizzy or passing out, have your child rise slowly if your child has been sitting or lying down. Have your child be careful going up and down stairs.
- Alcohol may interact with this drug. Be sure your child does not drink alcohol.
- Talk with your child's doctor before your child uses marijuana, other forms of cannabis, or prescription or OTC drugs that may slow your child's actions.
- Low blood pressure and slow heartbeat have happened with this drug. Sometimes, these have been deadly. Talk

with the doctor.

- The doctor will watch blood pressure, heart rate, and oxygen levels closely. Talk with the doctor.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

For a procedure:

- Some children had mild temporary withdrawal signs like confusion or agitation after short-term use. Tell the doctor if any bad effects happen after this drug is stopped.

For use while on a ventilator:

- Some people who got this drug for up to 7 days had withdrawal signs when this drug was stopped. This includes upset stomach, throwing up, agitation, fast heartbeat, or signs of high blood pressure like severe headache. Tell the doctor if your child has any bad effects after this drug is stopped.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

For all uses of this drug:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high or low blood pressure like very bad headache or dizziness, passing out, or change in eyesight.
- Signs of high sodium levels like thirst, feeling irritable, feeling very tired or weak, twitching, seizures, or passing out.
- Passing urine more often.
- Trouble breathing, slow breathing, or shallow breathing.
- Fast breathing.

- Fast, slow, or abnormal heartbeat.
- Chest pain or pressure.
- Fever.
- Call the doctor right away if your child has any of these signs within 48 hours after getting this drug: Confusion, constipation, diarrhea, dizziness, feeling agitated or nervous, headache, salt cravings, stomach pain, sweating, weakness, or weight loss.

For use while on a ventilator:

- Signs of low potassium levels like muscle pain or weakness, muscle cramps, or a heartbeat that does not feel normal.
- Signs of high or low blood sugar like breath that smells like fruit, dizziness, fast breathing, fast heartbeat, feeling confused, feeling sleepy, feeling weak, flushing, headache, unusual thirst or hunger, passing urine more often, shaking, or sweating.
- Feeling agitated.
- Feeling nervous and excitable.
- Swelling in the arms or legs.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

For all uses of this drug:

- Upset stomach.

For a procedure:

- Dry mouth.

For use while on a ventilator:

- Constipation.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- It is given into a vein for a period of time.

What do I do if my child misses a dose?

- This drug will be given on an as needed basis in a health care setting.

How do I store and/or throw out this drug?

- The injection will be given to your child in a healthcare setting. You will not store it at home.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other

health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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