PATIENT & CAREGIVER EDUCATION

Drospirenone

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Slynd

Brand Names: Canada

Slynd

What is this drug used for?

- It is used to prevent pregnancy.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has not started having menstrual periods.
- If your child has any of these health problems: Adrenal gland problems, high potassium levels, or kidney problems.
- If your child has or has ever had cervical cancer or other cancer where hormones make it grow.
- If your child has any of these health problems: Liver disease, liver tumors, or unexplained vaginal bleeding.

If your child is pregnant:

- Do not give this drug to your child during pregnancy.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists. This drug may need to be stopped before certain types of surgery as the doctor has told you. If this drug is stopped, the doctor will tell you when to start giving this drug again after your child's surgery or procedure.
- If your child has high blood sugar (diabetes), talk with the doctor. This drug can raise blood sugar.
- Check your child's blood sugar as you have been told by the doctor.
- If your child is taking a salt substitute that has potassium in it, a potassium-sparing diuretic, or a potassium product, talk with your child's doctor.
- Have your child's blood work and other lab tests checked as you have been told by the doctor.
- Be sure your child has regular breast exams and gynecology check-ups. Your child will also need to do breast self-exams as the doctor has told you.
- Certain drugs, herbal products, or health problems may cause hormone-based birth control to not work as well. Be sure the doctor knows about all of your child's drugs and health problems. You will need to see if your child also needs to use a non-hormone form of birth control like condoms.
- Talk with the doctor if your child will need to be still for long periods of time

like long trips, bedrest after surgery, or illness. Not moving for long periods may raise the chance of blood clots.

- This drug does not stop the spread of diseases like HIV or hepatitis that are passed through having sex. Be sure your child does not have any kind of sex without using a latex or polyurethane condom.
- This drug may affect levels of some hormones in the body. It is not known if this will lead to bone loss. If you have questions, talk with the doctor.
- The chance of getting cervical cancer may be higher in people who take hormone-based birth control. However, this may be due to other reasons. If you have questions, talk with the doctor.
- If your child gets pregnant while taking this drug, the chance of pregnancy outside of the uterus (ectopic pregnancy) may be raised.
- If your child has any signs of pregnancy or a positive pregnancy test, call the doctor right away.

If your child is breast-feeding a baby:

- Tell the doctor if your child is breast-feeding a baby. You will need to talk about any risks to the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.

- Signs of high potassium levels like a heartbeat that does not feel normal; feeling confused; feeling weak, lightheaded, or dizzy; feeling like passing out; numbness or tingling; or shortness of breath.
- Weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on one side of the face, or blurred eyesight.
- Depression or other mood changes.
- Bone pain.
- Call the doctor right away if your child has signs of a blood clot like chest pain or pressure; coughing up blood; shortness of breath; swelling, warmth, numbness, change of color, or pain in a leg or arm; or trouble speaking or swallowing.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Period (menstrual) changes. These include spotting or bleeding between cycles.
- Pimples (acne).
- Headache.
- Tender breasts.
- Weight gain.
- Menstrual cramps.
- Upset stomach.
- Lowered interest in sex.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Have your child swallow whole with some water or other drink.
- Be sure you know when your child needs to start taking this drug. If you are not sure when, talk with your child's doctor.
- After starting this drug, your child may need to use a non-hormone type of birth control like condoms to prevent pregnancy for some time. Have your child follow what the doctor has told you about using a non-hormone type of birth control.
- Give this drug at the same time of day.
- Do not skip doses, even if your child does not have sex or does not have sex very often.
- If your child misses 2 periods in a row, have your child take a pregnancy test before starting a new dosing cycle.
- If your child throws up or has diarrhea, this drug may not work as well to prevent pregnancy. If this happens within 3 to 4 hours after your child takes an active tablet, give another tablet. If it goes on for more than 1 day, your child must use an extra form of birth control and you must call the doctor. Call the doctor if your child throws up or has diarrhea and you are not sure what to do.

What do I do if my child misses a dose?

- If a dose is missed, check the package insert or call the doctor to find out what to do. If using this drug to prevent pregnancy, a non-hormone form of birth control like condoms may need to be used for some time to prevent pregnancy.

How do I store and/or throw out this drug?

- Store at room temperature in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options,

including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

Last Reviewed Date

2025-07-15

Copyright

© 2026 UpToDate, Inc. and its affiliates and/or licensors. All rights reserved.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Drospirenone - Last updated on December 12, 2022
All rights owned and reserved by Memorial Sloan Kettering Cancer Center

Memorial Sloan Kettering Cancer Center