PATIENT & CAREGIVER EDUCATION

Emollients

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

A+D First Aid; A+D Incontinence Support; A+D Prevent; A+D Prevent Original; Abravo; AlevaMax [DSC]; Aqua-Nu; Aquagard Hydrating [DSC]; Atopaderm; Atopavo; Atopiclair; Atrapro Antipruritic; Aurstat [DSC]; AVO Cream [DSC]; Biafine [DSC]; Ceracade; CeraVe [DSC]; Cetaphil Moisturizing; Critic-Aid Clear; Cutemol; D-Cerin; Dermaso Plus; DerMend Bruise; DynaShield; Eletone [DSC]; Emulsion SB; EpiCeram Skin Barrier; Hylatopic Plus [DSC]; KamDoy; KeraStat; Keri Nourishing Shea Butter; Keri Original Daily Moisture; LanaShield; Lubriderm; Lubriderm Advanced Therapy; Lubriderm Daily Moisture; Lubriderm Intense Skin Repair; Lubriderm Mens; Lubriderm Seriously Sensitive; Micuraderm; MimyX; Neosalus; Niseko; Nivatopic Plus [DSC]; Normlshield; Noxifine [DSC]; Pen-Kera; Pentravan; Pentravan Plus; Phlag Spray; PR Cream; Promiseb; PruClair; PruMyx; Remigen [DSC]; Tropazone [DSC]; Vanicream; VP DermaBase

What is this drug used for?

- It is used to treat or prevent certain skin problems.
- It may be given to your child for other reasons. Talk with the doctor.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has a wound that is bleeding or a skin rash caused by an allergy to a food or drug.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

All products:

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Check with your doctor about how to use sunscreen with this drug.
- Talk with your child's doctor before you use other drugs or products on your child's skin. This includes soaps.
- Some brands of this drug may not be put on open sores, broken skin, or bad burns. Check with the doctor or pharmacist.
- Some products may have metal. These products need to be taken off before an MRI, cardioversion, radiation, or other procedure. Talk with the doctor about this drug before any procedures.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

Foam:

- This drug may catch on fire. Do not use near an open flame or while smoking.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of skin infection like oozing, heat, swelling, redness, or pain.
- Bleeding that is not normal from the affected part.
- Fever.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Skin irritation.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice

about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Do not give by mouth. Use on your child's skin only. Keep out of your child's mouth, nose, and eyes (may burn).
- Some of these drugs need to be shaken before use. Be sure you know if this product needs to be shaken before using it.
- Wash your hands before and after use.
- Clean affected part before use. Make sure to dry well.
- Put on the affected part as you have been told.
- You may need to cover the treated area with a bandage or dressing. Talk with the doctor.

What do I do if my child misses a dose?

- Put on a missed dose as soon as you think about it.
- Many times this drug is used on an as needed basis. Do not use more often than told by the doctor.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Be sure you know how long you can store this drug before you need to throw it away. Check the storage information that comes with this drug. If you have questions, check with your pharmacist.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.

- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Foam:

- Protect from heat or open flame. Do not puncture or burn even if it seems empty.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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