PATIENT & CAREGIVER EDUCATION

Fluticasone (Nasal

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Flonase Allergy Rel Childrens [OTC]; Flonase Allergy Relief [OTC]; Flonase Sensimist Childrens [OTC]; Flonase Sensimist [OTC]; FT Allergy Relief 24 HR [OTC]; FT Allergy Symptom Reliever [OTC]; Xhance

Brand Names: Canada

APO-Fluticasone; Avamys; TEVA-Fluticasone

What is this drug used for?

- It is used to ease allergy signs.

Nasal spray (Xhance):

- If your child has been given this form of this drug, talk with the doctor for information about the benefits and risks. Talk with the doctor if you have questions or concerns about giving this drug to your child.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child is taking any of these drugs: Atazanavir, clarithromycin,

conivaptan, indinavir, itraconazole, ketoconazole, lopinavir, nefazodone, nelfinavir, ritonavir, saquinavir, telithromycin, or voriconazole.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Do not use this drug to treat asthma. Talk with the doctor.
- Long-term use may raise the chance of cataracts, glaucoma, or weak bones (osteoporosis). Talk with your child's doctor.
- Get your child an eye exam as you have been told by the doctor.
- Have your child get a bone density test as you have been told by your child's doctor.
- Talk with the doctor if your child comes into contact with anyone who has chickenpox or measles and your child has not had chickenpox, measles, or the vaccines for them.
- If your child has come into contact with anyone who has tuberculosis (TB), talk with the doctor.
- If your child has had any recent nose surgery, injury, ulcers, or sores, talk with the doctor.
- If your child is switching to this drug from another form of steroid (like oral), the dose of the other steroid may need to be lowered slowly to avoid side effects. Do not suddenly stop giving the other steroid without talking with your child's doctor.

- This drug may affect growth in children and teens in some cases. They may need regular growth checks. Talk with the doctor.
- Different brands of this drug may be for use in different ages of children. Talk with the doctor before giving this drug to a child.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of a weak adrenal gland like a severe upset stomach or throwing up, severe dizziness or passing out, muscle weakness, feeling very tired, mood changes, decreased appetite, or weight loss.
- Nose sores.
- Whistling sound when your child breathes.
- Redness or white patches in mouth or throat.
- Change in eyesight.
- Nose discharge that is not normal.
- Very bad face pain.
- Crusting in the nose.

- Runny nose.
- Bone pain.
- Fever or chills.
- Very bad sore throat.
- Dizziness or passing out.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Headache.
- Nose or throat irritation.
- Nosebleed.
- Cough.
- Upset stomach or throwing up.
- Stinging or sneezing may happen for a few seconds after your child uses this drug. Talk with the doctor if this bothers your child.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Do not give this drug by mouth. Use in your child's nose only. Keep out of your child's mouth and eyes (may burn).

- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.
- Some products may have different ways to prime the pump. Some pumps may also need to be primed if not used for different periods of time. Follow how and when to prime as you have been told.
- Shake well before use.
- Have your child blow nose before use.
- Spray up your child's nose only. Do not spray onto the wall joining your child's nostrils.

What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

- Store at room temperature. Throw away any part not used after labeled number of doses are used.
- Protect from heat, cold, and light.
- Store upright with the cap on.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

Last Reviewed Date

2026-01-23

Copyright

© 2026 UpToDate, Inc. and its affiliates and/or licensors. All rights reserved.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Fluticasone (Nasal - Last updated on December 12, 2022
All rights owned and reserved by Memorial Sloan Kettering Cancer Center

Memorial Sloan Kettering Cancer Center