PATIENT & CAREGIVER EDUCATION

Hydrochlorothiazide

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Inzirqo

Brand Names: Canada

APO-Hydrochlorothiazide; MINT-Hydrochlorothiazide; PMS-Hydrochlorothiazide; TEVA-Hydrochlorothiazide

What is this drug used for?

- It is used to treat high blood pressure.
- It is used to get rid of extra fluid.
- It may be given to your child for other reasons. Talk with the doctor.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has a sulfa allergy.
- If your child is not able to pass urine.
- If your child is taking dofetilide.
- If your child is taking lithium.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's

doctors, nurses, pharmacists, and dentists.

- Have your child avoid tasks or actions that call for alertness until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.
- To lower the chance of feeling dizzy or passing out, have your child rise slowly if your child has been sitting or lying down. Have your child be careful going up and down stairs.
- Have your child's blood work and other lab tests checked as you have been told by the doctor.
- High cholesterol and triglyceride levels have happened with this drug. If your child has high cholesterol or triglycerides, talk with the doctor.
- If your child has high blood sugar (diabetes), you will need to watch your child's blood sugar closely.
- Have your child's blood pressure checked as you have been told.
- This drug may affect certain lab tests. Tell all of your child's health care providers and lab workers that your child takes this drug.
- If your child is taking this drug and has high blood pressure, talk with the doctor before giving OTC

products that may raise blood pressure. These include cough or cold drugs, diet pills, stimulants, non-steroidal anti-inflammatory drugs (NSAIDs) like ibuprofen or naproxen, and some natural products or aids.

- This drug is a strong fluid-lowering drug (diuretic). Sometimes too much water and electrolytes (like potassium) in the blood may be lost. This can lead to severe health problems. The doctor will follow your child closely to change the dose to match your child's body's needs.
- If your child is on a low-sodium or sodium-free diet, talk with your child's doctor.
- Talk with your child's doctor before your child uses marijuana, other forms of cannabis, or prescription or OTC drugs that may slow your child's actions.
- Alcohol may interact with this drug. Be sure your child does not drink alcohol.
- Tell the doctor if your child sweats more than usual, has fluid loss, is throwing up, or has diarrhea. This may lead to low blood pressure.
- If your child takes cholestyramine or colestipol, talk with the pharmacist about how to give them with this drug.
- Watch for gout attacks.
- If your child has lupus, this drug can make your child's

lupus active or get worse. Tell the doctor right away if your child gets any new or worse signs.

- This drug may make your child sunburn more easily. Use care if your child will be in the sun. Tell your child's doctor if your child sunburns easily while taking this drug.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

- Signs of high blood sugar like confusion, feeling sleepy, unusual thirst or hunger, passing urine more often, flushing, fast breathing, or breath that smells like fruit.
- Signs of fluid and electrolyte problems like mood changes, confusion, muscle pain or weakness, fast or abnormal heartbeat, severe dizziness or passing out, increased thirst, seizures, feeling very tired or weak, decreased appetite, unable to pass urine or change in the amount of urine produced, dry mouth, dry eyes, or severe upset stomach or throwing up.
- Signs of a pancreas problem (pancreatitis) like very bad stomach pain, very bad back pain, or very bad upset stomach or throwing up.
- Signs of kidney problems like unable to pass urine, change in how much urine is passed, blood in the urine, or a big weight gain.
- Dark urine or yellow skin or eyes.
- Fever, chills, or sore throat; any unexplained bruising or bleeding; or feeling very tired or weak.
- A burning, numbness, or tingling feeling that is not normal.
- Shortness of breath.
- Restlessness.

- Not able to get or keep an erection.
- This drug can cause certain eye problems. If left untreated, this can lead to lasting eyesight loss. If eye problems happen, signs like change in eyesight or eye pain most often happen within hours to weeks of starting this drug. Call the doctor right away if your child has these signs.
- Rarely, certain types of skin cancer have happened in people taking hydrochlorothiazide. Protect your child's skin from the sun, and have skin checked as you have been told by the doctor. Call the doctor right away if your child has a change in color or size of a mole, or any new or changing skin lump or growth.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Constipation, diarrhea, stomach pain, upset stomach, throwing up, or decreased appetite.
- Stomach cramps.
- Feeling dizzy, tired, or weak.

- Headache.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

All products:

- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.
- This drug may cause your child to pass urine more often. To keep your child from having sleep problems, try not to give too close to bedtime.

Oral suspension:

- Give this drug with or without food.
- Shake well before use.
- Measure liquid doses carefully. Use the measuring device that comes with this drug. If there is none, ask the

pharmacist for a device to measure this drug.

What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature protected from light. Store in a dry place. Do not store in a bathroom.
- Keep lid tightly closed.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Oral suspension:

- After opening, throw away any part not used after 30 days.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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