PATIENT & CAREGIVER EDUCATION

Idarubicin

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Idamycin PFS

Warning

- This drug may cause severe heart problems like heart failure. This can happen during treatment or years after the last dose. Sometimes, these problems will not go away or may be deadly. The chance may be higher if your child has had heart problems or chest area radiation, or is using other drugs that may cause heart problems. The chance may also be higher if your child has ever had this drug or a drug like this one. Ask the doctor if you are not sure if any of your child's drugs may cause heart problems. The chance of heart problems depends on the dose of this drug and your child's health problem. The chance of heart problems later in life is also higher. Heart problems may happen even without any risk factors. Call the doctor right away if your child has a cough; chest pain; fast, slow, or abnormal heartbeat, swelling in the arms or legs, shortness of breath, or sudden weight gain; or feeling very tired or weak.
- Your child will need to get heart function tests while taking this drug. Talk with the doctor.
- The risk of a bone marrow problem called myelodysplastic syndrome (MDS) and a type of leukemia may be raised with drugs like this one, especially when used with other chemo or radiation. If you have questions, talk with the doctor.
- This drug may cause tissue damage if the drug leaks from the vein. Tell your child's nurse if your child has any redness, burning, pain, swelling, blisters, skin sores, or leaking of fluid where the drug is going into your child's body.

What is this drug used for?

- It is used to treat a type of leukemia.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Low white blood cell count, low platelet count, or low red blood cell count.
- If your child has a high bilirubin level or liver problems.
- If your child has had daunorubicin, doxorubicin, epirubicin, idarubicin, or mitoxantrone before, talk with your child's doctor.

If your child is breast-feeding a baby:

- Be sure your child does not breast-feed a baby while taking this drug and for 2 weeks after the last dose.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child's blood work and other lab tests checked as you have been told by the doctor.
- Low blood cell counts have happened with this drug. If blood cell counts get very low, this can lead to bleeding problems, infections, or anemia. Sometimes, these have been deadly. If you have questions, talk with the

doctor.

- Your child may have more chance of getting infections. Have your child wash hands often. Avoid crowds and people with infections, colds, or flu.
- Your child may bleed more easily. Make sure your child is careful and avoids injury. Be sure your child has a soft toothbrush.
- If your child has an upset stomach or diarrhea, is throwing up, or decreased appetite, talk with the doctor. There may be ways to lower these side effects.
- Talk with the doctor before your child gets any vaccines. Use of some vaccines with this drug may either raise the chance of very bad infection or make the vaccine not work as well.
- Urine and other body fluids may change to a red color. This is normal.
- This drug may affect fertility. This may lead to not being able to get pregnant or father a child. If this happens, it is not known if fertility will go back to normal.
- If your child is of childbearing age, a pregnancy test will need to be done before starting this drug to make sure your child is not pregnant.

If your child is or may be sexually active:

- This drug may cause harm to the unborn baby if your child takes it during pregnancy.
- If your child may become pregnant, have your child use birth control while taking this drug and for 6.5 months after the last dose. If your child gets pregnant, call the doctor right away.
- If your child's sex partner may become pregnant, have them use birth control while taking this drug and for 3.5 months after the last dose. If your child's sex partner gets pregnant, call the doctor right away.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of infection like fever, chills, very bad sore throat, ear or sinus pain, cough, more sputum or change in color of sputum, pain with passing urine, mouth sores, or wound that will not heal.
- Signs of bleeding like throwing up or coughing up blood; vomit that looks like coffee grounds; blood in the urine; black, red, or tarry stools; bleeding from the gums; abnormal vaginal bleeding; bruises without a cause or that get bigger; or bleeding you cannot stop.
- Dizziness or passing out.
- Feeling very tired or weak.
- Redness or irritation of the palms of hands or soles of feet.
- Confusion or other mental changes.
- A burning, numbness, or tingling feeling that is not normal.
- Any skin change.
- A severe health problem called tumor lysis syndrome (TLS) may happen with this drug. This may lead to death. Call your child's doctor right away if your child has a fast or abnormal heartbeat; any passing out; trouble passing urine; muscle weakness or cramps; upset stomach, throwing up, diarrhea, or not able to eat; or feels sluggish. Talk with the doctor about ways to help prevent TLS.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Hair loss. Hair most often grows back when this drug is stopped.
- Diarrhea, stomach pain, upset stomach, or throwing up.
- Mouth irritation or mouth sores.
- Headache.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- It is given as an infusion into a vein over a period of time.

What do I do if my child misses a dose?

- Call your child's doctor to find out what to do.

How do I store and/or throw out this drug?

- If you need to store this drug at home, talk with your child's doctor, nurse, or pharmacist about how to store it.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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