PATIENT & CAREGIVER EDUCATION

Lopinavir and Ritonavir

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Kaletra

Brand Names: Canada

Kaletra

What is this drug used for?

- It is used to treat HIV infection.

What do I need to tell the doctor BEFORE my child takes this drug?

All products:

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Long QT on ECG or low potassium levels.
- If your child takes any drugs (prescription or OTC, natural products, vitamins) that must not be taken with this drug, like certain drugs that are used for high cholesterol, migraines, mood problems, and others. There are many drugs that must not be taken with this drug.
- If your child is pregnant, may become pregnant, or is breast-feeding a baby.

You may need to avoid giving some forms of this drug if your child is pregnant. Before giving this drug to your child, you will need to talk about the benefits and risks to your child and the baby. You will also need to talk about the best way for your child to prevent passing HIV to the baby.

Liquid (solution):

- If your child has a feeding tube. This drug is not for use with some types of feeding tubes.
- If your child is taking disulfiram.
- If your child is taking metronidazole.

This is not a list of all drugs or health problems that interact with this drug.

This drug interacts with many other drugs. The chance of severe, life-threatening, or deadly side effects may be raised. Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

All products:

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- High blood sugar has happened with this drug. This includes diabetes that is new or worse.
- Check your child's blood sugar as you have been told by the doctor.
- This drug may cause high cholesterol and triglyceride levels. Talk with the doctor.
- Have your child's blood work and other lab tests checked as you have been

told by the doctor.

- This drug is not a cure for HIV. Keep giving this drug to your child as you have been told by the doctor or other health care provider, even if your child feels well. Be sure your child stays under the care of the doctor and has regular appointments.
- This drug helps to lower how much HIV is in the blood. Lowering the amount of HIV in the blood until it is not detected on blood tests can help lower the risk of spreading HIV to others. There are also other ways to help prevent the spread of HIV to others. This includes using condoms during sex and not sharing needles and other injection equipment. Talk with your child's doctor or other health care provider about the best way to prevent spreading HIV to others.
- Some people with hemophilia have had times of more bleeding when taking drugs like this one. If your child has hemophilia, talk with the doctor.
- If the patient is a child, use this drug with care. The risk of some side effects may be higher in children.
- If your child's weight changes, talk with the doctor. The dose of this drug may need to be changed.

If your child is or may be sexually active:

- Birth control pills and other hormone-based birth control may not work as well to prevent pregnancy. Be sure your child uses some other kind of birth control also, like a condom, when taking this drug.

Liquid (solution):

- This drug has alcohol and propylene glycol in it. These may cause very bad and sometimes deadly side effects in newborns or young children. Do not use this drug in premature newborns for some time after birth or in newborns younger than 14 days old unless the doctor tells you to.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high blood sugar like confusion, feeling sleepy, unusual thirst or hunger, passing urine more often, flushing, fast breathing, or breath that smells like fruit.
- Chest pain or pressure.
- Dizziness or passing out.
- Any unexplained bruising or bleeding.
- Change in body fat.
- Back pain, belly pain, groin pain, or blood in the urine. May be signs of a kidney stone.
- A type of abnormal heartbeat (prolonged QT interval) can happen with this drug. Call the doctor right away if your child has a fast heartbeat, a heartbeat that does not feel normal, or if your child passes out.
- A severe skin reaction (Stevens-Johnson syndrome/toxic epidermal necrolysis) may happen. It can cause severe health problems that may not go away, and sometimes death. Get medical help right away if your child has signs like red, swollen, blistered, or peeling skin (with or without fever); red or irritated eyes; or sores in the mouth, throat, nose, or eyes.
- Changes in your child's immune system can happen when your child starts taking drugs to treat HIV. If your child has an infection that you did not know was there, it may show up when your child takes this drug. Tell your child's doctor right away if your child has any new signs after starting this drug,

even after taking it for several months. This includes signs of infection like fever, sore throat, weakness, cough, or shortness of breath.

- Severe and sometimes deadly liver problems have happened with this drug. Call your child's doctor right away if your child has signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Severe and sometimes deadly pancreas problems (pancreatitis) have happened with this drug. This could happen at any time during treatment. Call the doctor right away if your child has signs of pancreatitis like very bad stomach pain, very bad back pain, or very upset stomach or throwing up.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Headache.
- Diarrhea, stomach pain, upset stomach, or throwing up.
- Feeling tired or weak.
- Back, muscle, or joint pain.
- Signs of a common cold.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

Tablets:

- Give this drug with or without food.
- Have your child swallow whole. Do not let your child chew, break, or crush.
- It is important that your child does not miss or skip a dose of this drug during treatment.

Liquid (solution):

- Give this drug with food.
- Measure liquid doses carefully. Use the measuring device that comes with this drug.
- It is important that your child does not miss or skip a dose of this drug during treatment.
- If your child is also taking didanosine, give it at least 1 hour before or 2 hours after this drug.
- Those who have certain feeding tubes may use this drug. This drug is not for use with some feeding tubes. Talk with the doctor. Use as you have been told. Flush the feeding tube after this drug is given.

What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.
- If you are not sure what to do if your child misses a dose, call the doctor.

How do I store and/or throw out this drug?

Tablets:

- Store tablets in the original container at room temperature. Keep the cap tightly closed. Throw away when the date on bottle has been reached. If stored outside of the original container, throw away any part not used after 2 weeks.
- Store in a dry place. Do not store in a bathroom.

Liquid (solution):

- Store liquid (solution) in a refrigerator or at room temperature. If stored at room temperature, throw away any part not used after 2 months.
- Protect liquid (solution) from heat.

All products:

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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