

## PATIENT & CAREGIVER EDUCATION

# Sodium Sulfate, Potassium Sulfate, and Magnesium Sulfate

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

### **Brand Names: US**

Suprep Bowel Prep Kit

### **What is this drug used for?**

- It is used to clean out the GI (gastrointestinal) tract.

### **What do I need to tell the doctor BEFORE my child takes this drug?**

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Bowel block, enlarged colon, hole in the GI (gastrointestinal) tract, or slow-moving GI (gastrointestinal) tract.
- If your child has electrolyte (like sodium, potassium,

phosphate) problems.

- If your child is taking any of the following: Bisacodyl or sodium picosulfate.
- If the patient is a child younger than 12 years of age. Do not give this drug to a child younger than 12 years of age.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

### **What are some things I need to know or do while my child takes this drug?**

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Do not give other laxatives or stool softeners unless told to do so by your child's doctor.
- Alcohol may interact with this drug. Be sure your child does not drink alcohol.

- Watch for gout attacks.
- Do not give other drugs by mouth within 1 hour before each dose of this drug. Some drugs may need to be separated from this drug by a longer time. Talk with your child's doctor about how to give your child's other drugs with this drug.

### **If your child is pregnant or breast-feeding a baby:**

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

### **What are some side effects that I need to call my child's doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

- Signs of fluid and electrolyte problems like mood changes, confusion, muscle pain or weakness, fast or abnormal heartbeat, severe dizziness or passing out, increased thirst, seizures, feeling very tired or weak, decreased appetite, unable to pass urine or change in the amount of urine produced, dry mouth, dry eyes, or severe upset stomach or throwing up.
- Dizziness or passing out.
- Swelling of belly.
- Very bad headache.
- Throwing up blood or throw up that looks like coffee grounds.
- Black, tarry, or bloody stools.
- Bleeding from rectum or rectal pain.

### **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Stomach pain or cramps.
- Upset stomach or throwing up.
- Bloating.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

### **How is this drug best given?**

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Give this drug as the doctor has told you. Follow all instructions you have been given closely. This includes when to give this drug, foods and drinks to have your child avoid before the exam, and when to have your child stop eating and drinking before the exam. Talk with the doctor if you have any questions.
- Mix with water as you have been told and have your child drink.
- Shake well before use.
- Do not let your child eat solid food or drink dairy products like milk while taking this drug.
- Have your child drink extra liquids after each dose of this drug unless told to drink less liquid by your child's doctor.

- Have your child drink clear liquids before, during, and after taking this drug. Do not let your child drink any liquids that are purple or red. Do not let your child drink milk or alcohol.
- Have your child stop drinking liquids at least 2 hours before the exam unless your child's doctor tells you otherwise.
- If your child has very bad belly pain, swelling, or bloating after the first dose, do not give the second dose until they go away. If you have questions, talk with your child's doctor.

### **What do I do if my child misses a dose?**

- If your child misses a dose or is not able to drink the solution, call the doctor to find out what to do.

### **How do I store and/or throw out this drug?**

- Store at room temperature in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be

drug take-back programs in your area.

## **General drug facts**

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## **Consumer Information Use and Disclaimer**

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care

provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>.

### **Last Reviewed Date**

2025-08-25

### **Copyright**

© 2026 UpToDate, Inc. and its affiliates and/or licensors.  
All rights reserved.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

---

Sodium Sulfate, Potassium Sulfate, and Magnesium Sulfate - Last updated on December 12, 2022

All rights owned and reserved by Memorial Sloan Kettering Cancer Center



Memorial Sloan Kettering  
Cancer Center