PATIENT & CAREGIVER EDUCATION

Sofpironium

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Sofdra

What is this drug used for?

- It is used to lower underarm sweating.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Glaucoma; heart problems caused by bleeding; myasthenia gravis; Sjogren's disease; or stomach or bowel problems like bowel block, enlarged colon, or ulcerative colitis.
- If your child is not sweating during activities or in warm temperatures.
- If your child takes other drugs called anticholinergics, like ipratropium or oxybutynin. Ask the doctor if you are not sure if any of your child's drugs are anticholinergic.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or

OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child avoid tasks or actions that call for clear eyesight until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.
- Have your child be careful in hot weather or while your child is being active. Have your child drink lots of fluids to stop fluid loss.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Trouble passing urine, pain when passing urine, passing urine in a weak

stream or drips, or passing urine more often.

- Larger pupils.
- Blurred eyesight.
- This drug can lead to less sweating in areas other than the underarm. This could lead to high body temperature and heat stroke. Call your child's doctor if your child has a fast or abnormal heartbeat; fast or shallow breathing; fever; or hot, red skin. Call your child's doctor if your child feels less alert, if your child passes out, or if your child is not sweating during activities or in warm temperatures.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Dry mouth.
- Pain, itching, redness, or other irritation where this drug was used.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Do not give by mouth. Use on your child's skin only. Keep out of your child's mouth, nose, and eyes (may burn).
- Prime pump before first use.
- Do not let your child shave armpits or use deodorant in the armpits for at least 8 hours before putting this drug on.

- Do not let your child shower, wash underarms, or exercise within 30 minutes before putting this drug on.
- Do not put on open sores or broken skin.
- Put on at bedtime.
- Apply to clean dry skin.
- Use the applicator to put this drug on. Do not use hands or a towel to put this drug on. After use, clean the applicator and store as you were told.
- Do not use this drug on areas other than the underarm.
- Be sure this drug does not get in your child's eyes. If it gets in your child's eyes, it may cause large pupils and blurred eyesight.
- Wash your hands well with soap and water after using this drug.
- Let skin dry for at least 5 minutes before covering with clothing.
- Avoid fire, flames, or smoking until the gel has dried.
- Do not let your child wash or touch the treated area for 8 hours after putting on this drug. After 8 hours, you may wash the area with mild soap and water.
- Do not use coverings (bandages, dressings) unless told to do so by the doctor.

What do I do if my child misses a dose?

- Put on a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not put on 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

- Store in an upright position at room temperature.
- Protect from heat or open flame.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and

pets.

- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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