PATIENT & CAREGIVER EDUCATION

Zonisamide

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Zonegran; Zonisade

What is this drug used for?

- It is used to treat seizures.
- It may be given to your child for other reasons. Talk with the doctor.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has a sulfa allergy.
- If your child has kidney disease.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- If your child is allergic to tartrazine (FD&C Yellow No. 5), talk with your child's doctor. Some products have tartrazine.
- Have your child avoid tasks or actions that call for alertness until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.
- Have your child's blood work and other lab tests checked as you have been told by the doctor.

- Sweating less has happened with this drug mainly in children. Sometimes, this has led to heat stroke and hospital stays. Talk with the doctor.
- Have your child be careful in hot weather or while your child is being active. Have your child drink lots of fluids to stop fluid loss.
- Alcohol may interact with this drug. Be sure your child does not drink alcohol.
- Talk with your child's doctor before your child uses marijuana, other forms of cannabis, or prescription or OTC drugs that may slow your child's actions.
- If seizures are different or worse after starting this drug, talk with the doctor.
- Do not stop giving this drug to your child all of a sudden without calling the doctor. Your child may have a greater risk of seizures. If your child needs to stop this drug, you will want to slowly stop it as told by the doctor.
- This drug may cause an acid blood problem (metabolic acidosis). The chance may be higher in children and in people with kidney problems, breathing problems, or diarrhea. The chance may also be higher if your child takes certain other drugs, has surgery, or is on a diet high in fat called a ketogenic diet. Over time, metabolic acidosis can cause kidney stones, bone problems, or

growth problems in children.

- This drug may affect growth in children and teens in some cases. They may need regular growth checks. Talk with the doctor.
- This drug is not approved for use in children younger than 16 years of age. Talk with the doctor.

If your child is or may be sexually active:

- This drug may cause harm to the unborn baby if your child takes it during pregnancy.
- If your child may become pregnant, birth control must be used during treatment with this drug. It must also be used for 1 month after the last dose unless the doctor tells you otherwise. Be sure you know how long birth control needs to be used. If your child gets pregnant, call the doctor right away.
- If your child used this drug while pregnant, tell the baby's doctor.

If your child is breast-feeding a baby:

- Tell the doctor if your child is breast-feeding a baby. You will need to talk about any risks to the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of too much acid in the blood (acidosis) like confusion; fast breathing; fast heartbeat; a heartbeat that does not feel normal; very bad stomach pain, upset stomach, or throwing up; feeling very sleepy; shortness of breath; or feeling very tired or weak.
- Signs of high ammonia levels like a heartbeat that does not feel normal, breathing that is not normal, feeling confused, pale skin, slow heartbeat, seizures, sweating, throwing up, or twitching.
- Change in balance.
- Not sweating during activities or in warm temperatures.

- High fever, fever that goes away and comes back, or long-lasting fever.
- Back pain, belly pain, groin pain, or blood in the urine. May be signs of a kidney stone.
- Bone pain.
- Severe muscle pain or weakness.
- Not able to focus.
- Trouble speaking.
- Memory problems or loss.
- Hallucinations (seeing or hearing things that are not there).
- Like other drugs that may be used for seizures, this drug may rarely raise the risk of suicidal thoughts or actions. The risk may be higher in people who have had suicidal thoughts or actions in the past. Call the doctor right away about any new or worse signs like depression; feeling nervous, restless, or grouchy; panic attacks; or other changes in mood or behavior. Call the doctor right away if any suicidal thoughts or actions occur.
- This drug may cause very bad eye problems. If left untreated, this can lead to lasting eyesight loss. Call the doctor right away if your child has eye problems like blurred eyesight or other changes in eyesight, eye pain,

or eye redness.

- A severe and sometimes deadly effect has happened in people taking drugs for seizures like this drug. Call the doctor right away if your child has swollen glands; fever; rash; painful sores in the mouth or around the eyes; chest pain; signs of kidney problems like not able to pass urine or change in how much urine is passed; or signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Rarely, severe effects have happened with sulfa drugs. Sometimes, these have been deadly. These effects have included liver problems, blood problems, and severe skin reactions (Stevens-Johnson syndrome/toxic epidermal necrolysis). Call the doctor right away if your child has a rash; red, swollen, blistered, or peeling skin; red or irritated eyes; sores in the mouth, throat, nose, or eyes; fever, chills, or sore throat; cough that is new or worse; feeling very tired or weak; any bruising or bleeding; or signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Feeling dizzy, sleepy, tired, or weak.
- Headache.
- Upset stomach.
- Decreased appetite.
- Stomach pain or diarrhea.
- Trouble sleeping.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

All products:

- Give this drug with or without food.
- Have your child drink lots of noncaffeine liquids every day unless told to drink less liquid by your child's doctor.
- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.

Capsules:

- Have your child swallow whole. Do not let your child chew, open, or crush.

Liquid (suspension):

- Shake well before use.
- Measure liquid doses carefully. Use the measuring device that comes with this drug. If there is none, ask the pharmacist for a device to measure this drug.
- Do not use a household teaspoon or tablespoon to measure this drug. Doing so could lead to the dose being too high.

What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip

the missed dose and go back to your child's normal time.

- Do not give 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature protected from light. Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Liquid (suspension):

- After opening, throw away any part not used after 30 days.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information

leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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