

PATIENT & CAREGIVER EDUCATION

Pramoxine

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Calaclear [OTC]; Caladryl Clear [OTC]; Caldyphen Clear [OTC]; Callergy Clear [OTC] [DSC]; CeraVe Itch Relief [OTC] [DSC]; DerMend Moisturizing Anti-Itch [OTC]; GoodSense Clear Anti-Itch [OTC]; Itch-X [OTC]; Ivy Wash Poison Ivy Cleanser [OTC]; Pramox [DSC]; Prax [OTC]; Proctofoam [OTC]; Sarna Sensitive [OTC]

What is this drug used for? All rectal products:

• It is used to treat signs of hemorrhoids or rectal irritation.

All other products:

• It is used to relieve itching and pain from insect bites or skin irritation.

Gel and lotion:

• It is used to treat poison oak, ivy, and sumac rashes.

What do I need to tell my doctor BEFORE I take this drug?

Pramoxine 1/7

All products:

• If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.

All rectal products:

If you have rectal bleeding.

All other products:

• If a large area needs to be treated.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

All products:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Do not use longer than you have been told by the doctor.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

Pramoxine 2/7

Rectal foam:

• Do not use near an open flame or while smoking. It may burst.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

All products:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Irritation where this drug was used.
- Swelling, warmth, or redness of the skin.

All rectal products:

• Bleeding from rectum or rectal pain.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if you have any side effects that bother you or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also

Pramoxine 3/7

report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

All products:

- Do not take this drug by mouth. Use on your skin only. Keep out of your mouth, nose, ears, and eyes (may burn).
- Wash your hands before and after use.
- Clean affected part before use. Make sure to dry well.

Gel, lotion, and ointment:

- Put a thin layer on the affected part and rub in gently.
- If your hand is the treated area, do not wash your hand after use.

Lotion:

• Shake well before use.

Wipes:

Gently pat or wipe area. Use each wipe only once then throw away.

Vaginal wipes:

• Be sure to pat or wipe from front to back.

All rectal products:

• Do not put this drug into the rectum by using your fingers or any type of applicator. Follow what the doctor has told you to do.

Pramoxine 4/7

Rectal foam:

Shake well before use.

What do I do if I miss a dose?

- If you use this drug on a regular basis, put on a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.
- Many times this drug is used on an as needed basis. Do not use more
 often than told by the doctor.

How do I store and/or throw out this drug? Rectal foam:

- Store at room temperature. Do not refrigerate or freeze.
- Store upright with the cap on.
- Protect from heat or open flame. Do not puncture or burn even if it seems empty.

All other products:

• Store at room temperature.

Wipes:

• After opening, be sure you know how long the product is good for and how to store it. Ask the doctor or pharmacist if you are not sure.

All products:

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour

Pramoxine 5/7

down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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Pramoxine 6/7

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Last Reviewed Date

2022-10-07

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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Pramoxine 7/7