PATIENT & CAREGIVER EDUCATION

Medroxyprogesterone

This information from Lexicomp® explains what you need to know about this medication, including what it’s used for, how to take it, its side effects, and when to call your healthcare provider.

**Brand Names: US**
Depo-Provera; Depo-SubQ Provera 104; Provera

**Brand Names: Canada**
Depo-Provera; Provera

**Warning**

**Birth control and endometriosis pain:**

- Using this drug for birth control or pain caused by endometriosis may cause bone loss. Bone loss is greater the longer the drug is used. It is not known what the effects will be on bones when used in teenaged and young adult women.

**If your child is or may be sexually active:**

- Do not use this drug for birth control for a long time unless other options will not work.
- This drug does not stop the spread of diseases like HIV or hepatitis that are passed through blood or having sex. Do not have any kind of sex without using a latex or polyurethane condom. Do not share needles or other things like toothbrushes or razors. Talk with your doctor.

**What is this drug used for?**

- It is used to prevent pregnancy.
- It is used to treat pain caused by endometriosis.
• It is used to treat uterine bleeding due to hormonal imbalance.
• It is used to treat females who do not have a monthly period cycle.
• If your child has been given this drug for some other reason, talk with the doctor about the benefits and risks. Talk with the doctor if you have questions or concerns about giving this drug to your child.

What do I need to tell the doctor BEFORE my child takes this drug?

• If your child has an allergy to this drug or any part of this drug.
• If your child is allergic to any drugs like this one or any other drugs, foods, or other substances. Tell the doctor about the allergy and what signs your child had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
• If your child has had any of these health problems: Bleeding disorder; blood clots or risk of having a blood clot; breast cancer or other cancer; liver disease; heart attack; stroke; or tumor where estrogen or progesterone make it grow.
• If your child has unexplained vaginal bleeding.

If your child is pregnant or breast-feeding a baby:

• Do not give this drug to your child if she is pregnant.
• Talk with the doctor if your child is breast-feeding a baby or plans to breast-feed a baby.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child’s drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for your child to take this drug with all of his/her drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?
For all uses of this drug:

- Tell all of your child’s health care providers that your child is taking this drug. This includes your child’s doctors, nurses, pharmacists, and dentists.

- Blood clots have happened with this drug. These clots have included heart attack, stroke, and clots in the leg, lung, or eye. Sometimes blood clots can be deadly. Tell your child’s doctor if your child has ever had a blood clot.

- Talk with the doctor if your child will need to be still for long periods of time like long trips, bedrest after surgery, or illness. Not moving for long periods may raise the chance of blood clots.

- If your child has high blood sugar (diabetes), you will need to watch his/her blood sugar closely.

- High triglyceride levels have happened with this drug. Tell your child’s doctor if your child has ever had high triglyceride levels.

- Your child may need to have a bone density test. Talk with the doctor.

- Give calcium and vitamin D as you were told by your child’s doctor.

- Have blood work checked as you have been told by the doctor. Talk with the doctor.

- There may be a higher chance of breast cancer.

- Be sure that your child has regular breast exams and gynecology check-ups. The doctor will tell you how often your child needs to have these. Your child will also need to do breast self-exams as the doctor has told you. Talk with the doctor.

- This drug may affect certain lab tests. Tell all of your child’s health care providers and lab workers that your child takes this drug.

- This drug may cause dark patches of skin on your child’s face. Avoid lots of sun, sunlamps, and tanning beds. Use sunscreen and dress your child in clothing and eyewear that protects him/her from the sun.

All injection products:

- If your child will be trying to get pregnant, it may take some time after the last dose of this drug to get pregnant. Talk with the doctor.
Birth control:

- Certain drugs or herbal products could cause this drug to not work as well. Be sure your child’s doctor and pharmacist know about all of your child’s drugs.

What are some side effects that I need to call my child’s doctor about right away?

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child’s doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

**All products:**

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

- Signs of liver problems like dark urine, feeling tired, not hungry, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.

- Weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on one side of the face, or blurred eyesight.

- Very bad headache.

- Very bad belly pain.

- Bulging eyes.

- Sudden change or loss of eyesight.

- Change in eyesight.

- Change in how contact lenses feel in the eyes.

- A lump in the breast, breast pain or soreness, or nipple discharge.

- Breast pain.

- Vaginal itching or discharge.
- Vaginal bleeding that is not normal.
- Low mood (depression).
- Swelling.
- Seizures.
- Call the doctor right away if your child has signs of a blood clot like chest pain or pressure; coughing up blood; shortness of breath; swelling, warmth, numbness, change of color, or pain in a leg or arm; or trouble speaking or swallowing.

All injection products:

- Very bad irritation where the shot was given.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child’s doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

All products:

- Weight gain or loss.
- Headache.
- Dizziness.
- Feeling sleepy.
- Feeling nervous and excitable.
- Upset stomach or throwing up.
- Bloating.
- Pimples (acne).
- Hair loss.
- Hair growth.
- Feeling tired or weak.
- Enlarged breasts.
- Tender breasts.
- Vaginal bleeding or spotting.
- Belly pain.
- Not able to sleep.

If your child has menstrual periods:

- No period or other period (menstrual) changes.

If your child is or may be sexually active:

- Change in sex interest.

All injection products:

- Irritation where the shot is given.

These are not all of the side effects that may occur. If you have questions about side effects, call your child’s doctor. Call your child’s doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child’s doctor. Read all information given to you. Follow all instructions closely.

Tablets:

- To gain the most benefit, do not miss giving your child doses.

Injection (I.M.):

- It is given as a shot into a muscle.

Injection (subcutaneous):

- It is given as a shot into the fatty part of the skin.

What do I do if my child misses a dose?
Tablets:

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child’s next dose, skip the missed dose and go back to your child’s normal time.
- Do not give 2 doses at the same time or extra doses.

All injection products:

- Call your child’s doctor to find out what to do.

How do I store and/or throw out this drug?

Tablets:

- Store at room temperature.
- Store in a dry place. Do not store in a bathroom.

All injection products:

- Most of the time, this drug will be given in a hospital or doctor’s office. If stored at home, follow how to store as you were told by the doctor.

All products:

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child’s symptoms or health problems do not get better or if they become worse, call your child’s doctor.
- Do not share your child’s drug with others and do not give anyone else’s drug to your child.
• Keep a list of all your child’s drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your child’s doctor.

• Talk with your child’s doctor before giving your child any new drug, including prescription or OTC, natural products, or vitamins.

• Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child’s doctor, nurse, pharmacist, or other health care provider.

• If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

**Consumer Information Use and Disclaimer**

This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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