Menthol and Zinc Oxide (Topical)

This information from Lexicomp® explains what you need to know about this medication, including what it’s used for, how to take it, its side effects, and when to call your healthcare provider.

**Brand Names: US**
Caladrox [OTC]; Calmodrox [OTC] [DSC]; Calmoseptine [OTC] [DSC]; Fordustin [OTC] [DSC]; Lantiseptic Multi-Purpose [OTC]; Remedy Calazime [OTC]; Risamine [OTC]

**What is this drug used for?**
- It is used to ease pain from skin irritations.
- It is used to protect skin from wetness, urine, or stools.
- It is used to treat diaper rash.
- It is used to treat minor cuts, scrapes, or burns.
- It is used at wound or fistula sites.

**What do I need to tell the doctor BEFORE my child takes this drug?**
- If your child has an allergy to this drug or any part of this drug.
- If your child is allergic to any drugs like this one or any other
drugs, foods, or other substances. Tell the doctor about the allergy and what signs your child had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.

- If your child has a deep wound or a puncture wound.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child’s drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for your child to take this drug with all of his/her drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

**What are some things I need to know or do while my child takes this drug?**

- Tell all of your child’s health care providers that your child is taking this drug. This includes your child’s doctors, nurses, pharmacists, and dentists.

- Do not put on open or deep wounds, animal bites, infections, or very bad burns or cuts.

- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.

**If your child is pregnant or breast-feeding a baby:**

- Talk with the doctor if your child is pregnant, becomes
pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

**What are some side effects that I need to call my child’s doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child’s doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

**What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child’s doctor or get medical help if your child has any side effects that bother your child or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your child’s doctor. Call your child’s doctor for medical advice about side effects.

You may report side effects to your national health agency.

**How is this drug best given?**

Give this drug as ordered by your child’s doctor. Read all
information given to you. Follow all instructions closely.

- Do not give by mouth. Use on your child’s skin only. Keep out of your child’s mouth, nose, and eyes (may burn).
- Wash your hands before and after use.
- Clean affected part before use. Make sure to dry well.
- Put a thin layer on the affected skin and rub in gently.
- Do not give this drug to your child for longer than you were told by the doctor.

What do I do if my child misses a dose?

- If your child uses this drug on a regular basis, put on a missed dose as soon as you think about it.
- If it is close to the time for your child’s next dose, skip the missed dose and go back to your child’s normal time.
- Do not put on 2 doses at the same time or extra doses.
- Many times this drug is used on an as needed basis. Do not use more often than told by the doctor.

How do I store and/or throw out this drug?

- Store at room temperature. Do not freeze.
- Protect from heat.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
• Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

• If your child’s symptoms or health problems do not get better or if they become worse, call your child’s doctor.

• Do not share your child’s drug with others and do not give anyone else’s drug to your child.

• Keep a list of all your child’s drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your child’s doctor.

• Talk with your child’s doctor before giving your child any new drug, including prescription or OTC, natural products, or vitamins.

• Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child’s doctor, nurse, pharmacist, or other health care provider.

• If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

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For more resources, visit www.mskcc.org/pe to search our virtual library.