Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

# Common Questions About MSK's Recovery Tracker

This information explains your Recovery Tracker and how to use it.

## What is the Recovery Tracker?

After your surgery, you may have some pain or other symptoms. To help us care for you, we'll send a group of questions to your MSK MyChart account. These questions are known as your Recovery Tracker. Your responses to these questions will help us understand how you're feeling after your surgery.

## How do I use it?

Please visit www.mskcc.org/pe/recovery-tracker-video to watch this video.

You must be signed up for MSK MyChart. You can access MSK MyChart at mskmychart.mskcc.org. Ask your healthcare provider or call 646-227-2593 for help:

- If you're not sure if you signed up for MSK MyChart.
- If you don't remember how to use it.

If you don't have a MSK MyChart account, you can visit mskmychart.mskcc.org or call your doctor's office to sign up.

After you leave the hospital, we'll send questions to your MSK MyChart account every day for 5 to 10 days.

Making your Recovery Tracker part of your daily routine will help you remember to fill it out. It's best to complete it around the same time each day. Answering the questions in your Recovery Tracker will only take you 2 to 3 minutes to complete. You can have your caregiver help you fill them out. Always complete it before midnight.

## What happens to the information I enter?

Your responses will be sent to your MSK healthcare team. Based on your responses, you may get a call or be told to call your surgeon's office to give more information.

Your information is secure. It will be stored at MSK and only your healthcare team will see it.

**If you need medical care right away, call 911 or go to your local emergency room.**

# Contact information

If you have a question or concern, call your surgeon's office from 9 a.m. to 5 p.m. Monday through Friday. After 5 p.m., during the weekend, or on holidays, call 212-639-2000 and ask for the doctor on call for your surgeon.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Common Questions About MSK's Recovery Tracker - Last updated on April 24, 2025
All rights owned and reserved by Memorial Sloan Kettering Cancer Center