



## PATIENT & CAREGIVER EDUCATION

# Myths and Facts about Food (RLAC)

Join us to learn more about the role of nutrition after a cancer diagnosis. We'll discuss some common misperceptions versus facts about diet and well-being after cancer. This lecture will address questions about sugar, red meat, weight management, and dealing with side effects of current or previous cancer treatments.

## Audience

This support group is open to the community.