

# Navel to Knee (NTK) Using Chlorhexidine Gluconate (CHG)

## What is NTK using CHG?

It is a method of cleaning the urinary catheter to prevent urinary tract infections.

## How is NTK using CHG wipes done?

Evidence has shown that the use of CHG is more effective at preventing infections over soap and water. This method can decrease infections, your length of stay in the hospital, and number of hospitalizations.

## How is this done?

Your staff will wipe from your belly button to your knees, including the urinary catheter, perineum, inner thighs, and skin folds.

## How often will NTK be done?

Once EVERY shift and after EVERY bowel movement

### Important!

Tell your staff if your skin becomes irritated (red, rash, itching, burning).

