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PATIENT & CAREGIVER EDUCATION

# Nelfinavir

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

## **Brand Names: US**

Viracept

## **Brand Names: Canada**

Viracept

## **What is this drug used for?**

- It is used to treat HIV infection.

## **What do I need to tell the doctor BEFORE my child takes this drug?**

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has liver disease.
- If your child takes any drugs (prescription or OTC, natural products, vitamins) that must not be taken with this drug, like

certain drugs that are used for high cholesterol, migraines, or mood problems. There are many drugs that must not be taken with this drug.

### **If your child is breast-feeding a baby:**

- Be sure your child does not breast-feed a baby while taking this drug.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

### **What are some things I need to know or do while my child takes this drug?**

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- This drug interacts with many other drugs. The chance of this drug's side effects may be raised or how well this drug works may be lowered. The chance of the other drugs' side effects may also be raised. This may include very bad, life-

threatening, or deadly side effects. Check with the doctor and pharmacist to make sure that it is safe for your child to take this drug with all of their other drugs (prescription or OTC, natural products, vitamins).

- High blood sugar has happened with this drug. This includes diabetes that is new or worse.
- Have your child's blood sugar checked as you have been told by your child's doctor.
- Some people with hemophilia have had times of more bleeding when taking drugs like this one. If your child has hemophilia, talk with the doctor.
- Have your child's blood work checked often. Talk with your child's doctor.
- This drug is not a cure for HIV. Be sure your child stays under the care of the doctor.
- This drug does not stop the spread of diseases like HIV or hepatitis that are passed through blood. Be sure needles and other things like toothbrushes or razors are not shared.
- If your child has phenylketonuria (PKU), talk with your child's doctor. Some products have phenylalanine.
- Use with care in children. Talk with the doctor.

**If your child is or may be sexually active:**

- Birth control pills and other hormone-based birth control may not work as well to prevent pregnancy. Be sure your child uses some other kind of birth control also, like a condom, when taking this drug.
- This drug does not stop the spread of diseases like HIV or hepatitis that are passed through having sex. Be sure your child does not have any kind of sex without using a latex or polyurethane condom.

### **If your child is pregnant:**

- Tell the doctor if your child is pregnant or becomes pregnant. You will need to talk about the benefits and risks of your child using this drug while pregnant.

### **What are some side effects that I need to call my child's doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the

mouth, face, lips, tongue, or throat.

- Signs of high blood sugar like confusion, feeling sleepy, more thirst, more hungry, passing urine more often, flushing, fast breathing, or breath that smells like fruit.
- Any unexplained bruising or bleeding.
- Change in body fat.
- Changes in your child's immune system can happen when your child starts taking drugs to treat HIV. If your child has an infection that you did not know was there, it may show up when your child takes this drug. Tell your child's doctor right away if your child has any new signs after starting this drug, even after taking it for several months. This includes signs of infection like fever, sore throat, weakness, cough, or shortness of breath.

### **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Upset stomach.
- Gas.
- Stomach pain or diarrhea.
- Not hungry.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

### **How is this drug best given?**

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

### **All products:**

- Give this drug with meals.
- Do not give didanosine within 2 hours of this drug.
- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.
- It is important that your child does not miss or skip a dose of this drug during treatment.

### **Tablets:**

- If your child cannot swallow this drug whole, you may dissolve it in water. Once the dose is dissolved, mix well and have your child drink right away. Rinse the glass with more water and have your child drink.

### **Powder:**

- Mix the powder with a little bit of water, milk, formula, soy formula, or soy milk and have your child drink.
- Avoid mixing with acidic foods such as apple juice, applesauce, or orange juice.
- Rinse cup with more water and have your child drink.
- If mixing with water, do not mix with water in its original container.

### **What do I do if my child misses a dose?**

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.
- If you miss giving this drug to your child for a few days in a row, call the doctor before you start giving it again.

### **How do I store and/or throw out this drug?**

#### **All products:**

- Store at room temperature.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a

toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## **Powder:**

- Use right away after mixing or you may store in a refrigerator for up to 6 hours.

## **General drug facts**

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## **Consumer Information Use and Disclaimer**

This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare



provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

### **Last Reviewed Date**

2019-11-08

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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Nelfinavir - Last updated on October 29, 2020

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