



PATIENT & CAREGIVER EDUCATION

# Outpatient Cellular Therapy Temperature & Liquid Intake Log

Bring this log to all of your appointments. We will give you a new log each week.

## Temperature

Take your temperature every 4 hours while you're awake. Write the date and your temperature below.

- Call your doctor or APP if you have a fever of 100.4 °F (38 °C) or higher.
- If you feel a chill, take your temperature, then call your doctor or APP.
  - During the day (between 8:00 AM and 8:00 PM), call the Cellular Immunotherapy Unit at 646-608-3150.
  - At night (between 8:00 PM and 8:00 AM), 212-639-2000. The MSK operator will answer your call. Ask for the doctor covering bone marrow transplant.

Date	4:00 AM	8:00 AM	12:00 PM	4:00 PM	8:00 PM	12:00 AM

# Liquid Intake

Measure all of the liquids you drink. Write the type and amount (in ounces) below. The first row is filled out as an example.

Your goal is to drink 2 liters (64 ounces) every day. 1 cup is equal to 8 ounces.

Date	Liquid Intake						Total
January 20	Decaf coffee	Water	Smoothie	Iced tea	Sports drink	Water	64 ounces
	8 oz	12 oz	14 oz	12 oz	8 oz	10 oz	

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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