



---

PATIENT & CAREGIVER EDUCATION

# Pelvic Organ Prolapse: A Guide for Women

This information from the International Urogynecological Association (IUGA) explains what pelvic organ prolapse (POP) is and what causes it. It also explains how to treat pelvic organ prolapse, and ways to approach surgery for POP.

Visit [www.msk.org/pe/pop-women](http://www.msk.org/pe/pop-women) to see this resource.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

---

Pelvic Organ Prolapse: A Guide for Women - Last updated on May 12, 2025

All rights owned and reserved by Memorial Sloan Kettering Cancer Center