



PATIENT & CAREGIVER EDUCATION

Polyethylene Glycol-Electrolyte Solution

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Colyte; GaviLyte-C; GaviLyte-G; GaviLyte-N; GoLYTELY; MoviPrep; NuLYTELY; Plenvu; TriLyte

Brand Names: Canada

Colyte; Klean-Prep; Moviprep; PegLyte

What is this drug used for?

- It is used to clean out the GI (gastrointestinal) tract.

What do I need to tell my doctor BEFORE I take this drug?

- If you have an allergy to polyethylene glycol or any other part of this drug.
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching;

shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.

- If you have any of these health problems: Bowel block, hole in the bowel, or other bowel problems; electrolyte (like sodium, potassium, phosphate) problems; fluid loss (dehydrated); or had stomach or bowel surgery.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

All products:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Do not use other laxatives or stool softeners unless told to do so by the doctor.
- If you have phenylketonuria (PKU), talk with your doctor. Some products have phenylalanine.
- If you are over the age of 60, use this drug with care. You

could have more side effects.

- Some drugs may be used in children. Use care if this drug is given to a child. Talk with the doctor to see if this drug may be used in children. Talk with the doctor if you have questions about giving this drug to a child.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

MoviPrep, Plenvu:

- Be careful if you have G6PD deficiency. Anemia may happen.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Swelling of belly.
- Very bad headache.

- Throwing up blood or throw up that looks like coffee grounds.
- Black, tarry, or bloody stools.
- Bleeding from rectum or rectal pain.
- This drug may cause you to be dehydrated or have electrolyte problems. Rarely, this may be severe or deadly. Tell your doctor right away if you get dizzy, pass out, feel tired or weak, or are unable to pass urine. Tell your doctor right away if you have a fast or abnormal heartbeat, seizures, headache, mood changes, confusion, muscle pain or weakness, more thirst, not hungry, dry mouth or eyes, severe upset stomach or throwing up, or a change in the amount of urine produced.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Stomach pain.
- Anal irritation.
- Bloating.
- Feeling full.
- Upset stomach or throwing up.
- Stomach cramps.

- Trouble sleeping.
- More hungry.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Take this drug as your doctor has told you. Follow all instructions you have been given closely. This includes when to take this drug, foods and drinks to avoid before the exam, and when to stop eating and drinking before the exam. Talk with your doctor if you have any questions.
- Do not take other drugs within 1 hour of starting this drug. Talk with your doctor about how to take your other drugs with this drug.
- Mix with water as told before you take this drug. Do not swallow the dry powder.
- Some products come with flavors that can be added to the solution. Only add flavors that come with the kit.
- Chill the solution to make it taste better. However, do not give chilled solution to an infant. Talk with your doctor.
- Shake well before use.

- Drink clear liquids before, during, and after taking this drug. Do not drink any liquids that are purple or red.
- Do not eat solid food while taking this drug.

What do I do if I miss a dose?

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.
- Call your doctor if you are not able to finish this drug before your exam.

How do I store and/or throw out this drug?

- Store powder at room temperature.
- After mixing, store in a refrigerator. Check with the doctor or pharmacist if you have questions about how long this drug may be used after mixing.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.
- Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This

information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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