Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Psychosocial Services for People With Urologic Cancers

This information describes the supportive services available at MSK for people with urologic cancers.

Your care team will offer your education, support, and guidance throughout your care at MSK. If you need psychosocial or spiritual support, MSK offers additional resources to help you.

Social Work

212-639-7020

www.msk.org/socialwork

Social workers help patients, families, and friends deal with common issues for people who have cancer. They provide individual counseling and support groups throughout your treatment. They can help you communicate with children and other family members.

Our social workers can also help refer you to community agencies and programs. They also have information about financial resources, if you're having trouble paying your bills.

Social workers are available on every patient floor of Memorial Hospital and at all MSK outpatient facilities. This includes MSK's regional clinics and the Sidney Kimmel Center's inpatient urologic floor. To speak with a social worker, ask your doctor or nurse or call the number above.

MSK Counseling Center

646-888-0200

www.msk.org/counseling

Many people find that counseling helps them. Our counseling center offers counseling for individuals, couples, families, and groups. We can also prescribe medications to help if you feel anxious or depressed. To make an appointment, ask your healthcare provider for a referral or call the number above.

Our counselors offer both inpatient and outpatient services. If you're in the hospital and want to speak with a counselor, ask your healthcare provider or call the number above.

The MSK Counseling Center is located at 160 E. 53rd St.

Female Sexual Medicine and Women's Health Program

646-888-5076

Cancer and cancer treatments can affect your sexual health, fertility, or both. Our Female Sexual Medicine & Women's Health Program can help with sexual health problems, such as premature menopause or fertility issues. We can help before, during, or after your treatment. Call for more information or to make an appointment.

Male Sexual and Reproductive Medicine Program

646-888-6024

Cancer and cancer treatments can affect your sexual health, fertility, or both. Our Male Sexual and Reproductive Medicine Program can help with sexual health problems, such as erectile dysfunction (ED). We can help before, during, or after your treatment. Call for more information or to make an appointment.

Urinary Incontinence and Voiding Dysfunction Specialists

646-497-9068

Cancer treatment can cause or make urinary problems (problems with peeing) worse. At MSK, we have a team of doctors who are trained in evaluating and managing these problems. Our team can help if you're having symptoms such as urinary incontinence (leaking urine), urinary frequency (needing to urinate often), voiding dysfunction (not being able to completely empty your bladder), or any other trouble with urination.

Call the number listed above for more information or to make an appointment.

Spiritual care

212-639-5982

Our chaplains (spiritual counselors) are available to listen, help support family members, and pray. They can contact community clergy or faith groups, or simply be a comforting companion and a spiritual presence. Anyone can ask for spiritual support. You do not have to have a religious affiliation (connection to a religion).

MSK's interfaith chapel is located near Memorial Hospital's main lobby. The hospital is located at 1275 York Ave. (between East 67th and East 68th streets). The interfaith chapel is open 24 hours a day. If you have an emergency, call 212-639-2000. Ask for the chaplain on call.

Integrative Medicine and Wellness Service

www.msk.org/integrativemedicine

Our Integrative Medicine and Wellness Service offers many services to complement (go along with) traditional medical care, including music therapy, mind/body therapies, dance and movement therapy, yoga, and touch therapy. To schedule an appointment for these services, call 646-449-1010.

You can also schedule a consultation with a healthcare provider in the Integrative Medicine and Wellness Service. They will work with you to come up with a plan for creating a healthy lifestyle and managing side effects. To make an appointment, call 646-608-8550.

The Bendheim Integrative Medicine Center is located at 205 E. 64th St.

Resources for Life After Cancer (RLAC) Program

646-888-8106

Our RLAC Program offers support services for people who had cancer and their loved ones. The services include seminars, workshops, and support groups to address topics related to cancer survivorship. Examples of topics include insurance, employment, emotional concerns, and caregiver issues.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Psychosocial Services for People With Urologic Cancers - Last updated on May 12, 2023
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