Robotic-Assisted or Laparoscopic Hysterectomy Pathway

Every person is different; your experience may not follow this pathway exactly. Your doctor or nurse will tell you what to

<table>
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<th>Before Surgery</th>
<th>Day of Surgery</th>
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<th>Discharge</th>
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</table>
| **What tests, procedures and medical devices should I expect?** | Pre-surgical testing appointment  
  - Bring a list of all medications you take with you  
  - Your nurse practitioner may order additional tests or doctor’s visits | Before surgery  
  - IV started During Surgery  
  - Urinary catheter  
  - Possible drainage tubes in abdomen  
  - Compression boots on legs for circulation | Compression boots on when not walking  
  - Blood tests | You will learn how to care for your incisions |
| **What medications will I take?** | Talk to your doctor about when to stop taking blood thinners, including aspirin, nonsteroidal anti-inflammatory, and herbal medications | Take only the medications your doctor has told you to take with a small sip of water | Pain medication  
  - Call your nurse if your pain is not controlled | You will receive prescriptions for pain medication if you have not received them already |
| **What can I eat and drink?** | The night before surgery:  
  - Nothing to eat after midnight  
  - You may drink up to 12 ounces of water. Starting 2 hours before your arrival time  
  - Do not eat or drink anything | Between midnight and 2 hours before arrival time  
  - Wash with Hibiclens® in the morning or as directed by your doctor  
  - Bring your toiletry items  
  - Ask as many questions as you want! | Start with soft, easy to digest food before working your way up to your regular diet | Regular diet |
| **What should I do?** | The night before surgery:  
  - Wash with Hibiclens® skin cleanser or as directed by your doctor  
  - Please arrange to have someone drive you home after your surgery. | Wash with Hibiclens® in the morning or as directed by your doctor  
  - Bring your toiletry items  
  - Ask as many questions as you want! | Use your incentive spirometer 10 times every hour while awake  
  - Get up and walk with assistance | Do not lift more than 10 pounds for 6 weeks  
  - Do not drive for 2 weeks  
  - Do not place anything in your vagina for 6 to 8 weeks  
  - Do not shower for 24 hours after your surgery  
  - Call your doctor with any questions or concerns |