Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Ropeginterferon Alfa-2b

This information from Lexicomp® explains what you need to know about this medication, including what it’s used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Besremi

Warning

- Alpha interferons may cause mental health problems or make them worse. Suicide or suicidal thoughts, thoughts of hurting others, depression, forceful actions, hallucinations, and other mood or behavior problems have happened during treatment and within 6 months after the last dose. Relapse of drug addiction has also happened. Alpha interferons may also cause or make infections, blood flow problems, or autoimmune diseases worse. Sometimes, these may be deadly. If you think you have any of these health problems, call your doctor right away. Side effects such as high or low blood pressure, a fast or abnormal heartbeat, chest pain or pressure, trouble breathing, heart attacks, and strokes have happened. Closely read the part in this leaflet which lists when to call your doctor. Many times, but not every time, these side effects get better after stopping this drug.

What is this drug used for?

- It is used to treat polycythemia vera.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have or have ever had depression or thoughts of suicide.
- If you have an autoimmune disease.
- If you have had an organ transplant.
- If you have any of these health problems: Heart failure, high blood pressure, kidney disease, or liver disease.
- If you have an abnormal heartbeat, certain types of chest pain (angina), or other heart problems.
- If you have had a recent heart attack or stroke.
- If you are taking any drugs to suppress your immune system. This may be certain doses of steroids like prednisone. There are many drugs that can suppress your immune system. Ask your doctor or pharmacist if you are not sure.
- If you are pregnant or may be pregnant. This drug may cause harm to an unborn baby. A pregnancy test will be done before you start this drug to show that

you are NOT pregnant. If you may become pregnant, you must use birth control while taking this drug and for some time after the last dose. Ask your doctor how long to use birth control. If you get pregnant, call your doctor right away.

- If you are breast-feeding. Do not breast-feed while you take this drug and for 8 weeks after your last dose.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Avoid driving and doing other tasks or actions that call for you to be alert until you see how this drug affects you.

- Avoid alcohol, marijuana or other forms of cannabis, or prescription or OTC drugs that may slow your actions.
- Have your blood work checked and eye exams as you have been told by your doctor.
- High blood sugar has happened with this drug. This includes diabetes that is new or worse.
- Check your blood sugar as you have been told by your doctor.
- Tell your doctor if you have signs of high blood sugar like confusion, feeling sleepy, unusual thirst or hunger, passing urine more often, flushing, fast breathing, or breath that smells like fruit.
- Tooth and gum problems have happened with this drug. This could lead to the loss of teeth. Dry mouth may also happen and can affect your teeth. Take good care of your teeth. See a dentist often.
- If you throw up, rinse your mouth out well.
- This drug may cause high cholesterol and triglyceride levels. Talk with the doctor.
- This drug may lower the ability of the bone marrow to make blood cells that the body needs. If blood cell counts get very low, this can lead to bleeding problems, infections, or anemia. If you have questions,

talk with the doctor.

- Call your doctor right away if you have any signs of infection like fever, chills, flu-like signs, very bad sore throat, ear or sinus pain, cough, more sputum or change in color of sputum, pain with passing urine, mouth sores, or a wound that will not heal.
- Call your doctor right away if you have any signs of bleeding problems, like bruising; black, tarry, or bloody stools; bleeding gums; blood in the urine; coughing up blood; cuts that take a long time to stop bleeding; feel dizzy; feeling very tired or weak; nosebleeds; pain or swelling; throwing up blood or throw up that looks like coffee grounds; or very bad headache.
- This drug may cause eye problems that may lead to loss of eyesight or blindness. Tell your doctor if you have or have ever had eye problems. Call your doctor right away if you have any changes in eyesight.
- Severe bowel problems (colitis) have happened within 12 weeks of treatment with alpha interferons like this drug. Sometimes, this could be deadly. Call your doctor right away if you have severe stomach pain, bloody diarrhea, throwing up blood, or throw up that looks like coffee grounds.

- Some people have had lung problems with this drug. Sometimes, this has been deadly. Call your doctor right away if you have signs of lung problems like shortness of breath or other trouble breathing, cough that is new or worse, or fever.
- If you are 65 or older, use this drug with care. You could have more side effects.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of depression, suicidal thoughts, emotional ups and downs, abnormal thinking, anxiety, or lack of interest in life.

- Signs of thyroid problems like change in weight; feeling nervous, excitable, restless, or weak; hair thinning; depression; eye or neck swelling; not able to focus; trouble with heat or cold; menstrual changes; shakiness; or sweating.
- Signs of a pancreas problem (pancreatitis) like very bad stomach pain, very bad back pain, or very bad upset stomach or throwing up.
- Signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Signs of kidney problems like unable to pass urine, change in how much urine is passed, blood in the urine, or a big weight gain.
- Signs of high blood pressure like very bad headache or dizziness, passing out, or change in eyesight.
- Weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on one side of the face, or blurred eyesight.
- Chest pain or pressure, a fast heartbeat, or an abnormal heartbeat.
- Shortness of breath, a big weight gain, or swelling in the arms or legs.

- Very bad dizziness or passing out.
- Change in look of teeth or gums.
- No period or other period (menstrual) changes.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Back, bone, joint, or muscle pain.
- Feeling dizzy, tired, or weak.
- Flu-like signs.
- Nose or throat irritation.
- Signs of a common cold.
- Headache.
- Upset stomach.
- Stomach pain or diarrhea.
- Decreased appetite.
- Sweating a lot.
- Hair loss.
- Pimples (acne).

- Skin irritation.
- Trouble sleeping.
- Strange or odd dreams.
- Irritation where the shot is given.
- Muscle spasm.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- It is given as a shot into the fatty part of the skin on the top of the thigh or the belly area.
- If you will be giving yourself the shot, your doctor or nurse will teach you how to give the shot.
- Wash your hands before and after use.

- Before using this drug, take it out of the refrigerator. Allow to reach room temperature (15 to 30 minutes). Do not heat this drug.
- Do not use if the solution is cloudy, leaking, or has particles.
- Do not use if solution changes color.
- Move the site where you give the shot with each shot.
- Do not give into skin that is irritated, bruised, red, infected, hard, or scarred.
- Do not give into skin within 2 inches (5 cm) of the belly button.
- Each prefilled syringe is for one use only.
- Throw away any part left over after the dose is given.
- Throw away needles in a needle/sharp disposal box. Do not reuse needles or other items. When the box is full, follow all local rules for getting rid of it. Talk with a doctor or pharmacist if you have any questions.

What do I do if I miss a dose?

- Call your doctor to find out what to do.

How do I store and/or throw out this drug?

- Store in a refrigerator. Do not freeze.
- Store in the original container to protect from light.

- Protect from heat.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else’s drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- This drug comes with an extra patient fact sheet called a Medication Guide. Read it with care. Read it again each time this drug is refilled. If you have any questions about this drug, please talk with the doctor, pharmacist, or other health care provider.
- If you think there has been an overdose, call your

poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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