PATIENT & CAREGIVER EDUCATION

Saliva Substitute

Brand Names: US

Aquoral; Biotene Dry Mouth Gentle [OTC]; Biotene Moisturizing Mouth Spray [OTC]; Biotene Oral Balance [OTC]; BocaSal; Caphosol; Entertainer’s Secret [OTC]; Moi-Stir [OTC]; Mouth Kote [OTC]; NeutraSal; Numoisyn; Oasis; SalivaMAX; SalivaSure [OTC]; Salivate Rx [DSC]; Xerostomia Relief Spray

What is this drug used for?

- It is used to treat dry mouth.

What do I need to tell my doctor BEFORE I take this drug?

- If you have an allergy to saliva substitute or any other part of this drug.
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.

This drug may interact with other drugs or health problems.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

- Tell all of your health care providers that you take this drug. This includes
your doctors, nurses, pharmacists, and dentists.

- If you are on a low-sodium or sodium-free diet, talk with your doctor. Some of these products have sodium.
- Take good care of your teeth or dentures while you are using this drug.
- Tell your doctor if you are pregnant or plan on getting pregnant. You will need to talk about the benefits and risks of using this drug while you are pregnant.
- Tell your doctor if you are breast-feeding. You will need to talk about any risks to your baby.

**What are some side effects that I need to call my doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Mouth irritation.
- Change in speech.
- Change in taste.

**What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if you have any side effects that bother you or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.
How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

**All products:**

- Different brands or forms of this drug may need to be used in different ways. Follow how to use as you have been told by the doctor or read the package insert.
- You may need to avoid eating or drinking for some time after using this drug. Follow what your doctor has told you or read the package insert.
- Most products must not be swallowed. For some products, it does not matter. Be sure you know if your product can be swallowed. If you are not sure, check with the pharmacist.

**Liquid (solution):**

- Some of these drugs need to be shaken before use. Be sure you know if this product needs to be shaken before using it.
- Some products come as a spray with pumps that may need to be primed before use. Some pumps may also need to be primed if not used for different periods of time. If your product is a spray with a pump that needs to be primed, follow how and when to prime as you have been told.

**Powder packet:**

- Mix powder with water only as you have been told.

**Lozenges:**

- Suck oral lozenge. Do not bite or chew it. If the lozenge breaks, it can be chewed, swallowed, or thrown away.

**Gel:**

- Spread evenly on tongue.

**What do I do if I miss a dose?**
Many times this drug is used on an as needed basis. Do not use more often than told by the doctor.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not refrigerate or freeze.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Liquid (solution):

- Be sure you know how long you can store this drug before you need to throw it away.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else’s drugs.
- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.
- Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer
This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

**Last Reviewed Date**

2018-01-15

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If you have any questions or concerns, talk with a member of your healthcare team. You can reach them Monday through Friday from 9:00 AM to 5:00 PM at _____________________. After 5:00 PM, during the weekend, and on holidays, please call______________________. If there’s no number listed, or you’re not sure, call 212-639-2000.

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