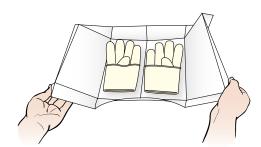


PATIENT & CAREGIVER EDUCATON

## How to Put on Your Sterile Gloves



If you have rings on your fingers, take them off. Then, wash your hands with warm soap and water.



Place the package with the sterile gloves on a clean, dry surface. Open the package and pull the edges of the package down to keep them flat.



Pick up 1 glove by the folded cuff.



Still holding just the cuff with 1 hand, slide your other hand into the glove, making sure the outside of the glove doesn't touch anything.



Slip the fingers on your gloved hand under the cuff of the other glove. Hold the glove up and don't let it touch anything.



Keep the thumb on your gloved hand pointing up, so it's out of the way. Slide your other hand into the glove.



Pull the glove all the way up. Be careful not to touch anything, including your wrist.