Exercises After Breast Surgery With Reconstruction Using a Tissue Expander

This video will show you how to perform the exercises you’ll need to do after your breast surgery. This video is for patients who have had reconstruction using a tissue expander.

Please visit www.mskcc.org/pe/exercises_tissue_expander to watch this video.

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.