PATIENT & CAREGIVER EDUCATION

Trazodone

This information from Lexicomp® explains what you need to know about this medication, including what it’s used for, how to take it, its side effects, and when to call your healthcare provider.

**Brand Names: US**

Oleptro [DSC]

**Brand Names: Canada**

Oleptro; Trazorel

**Warning**

- Drugs like this one have raised the chance of suicidal thoughts or actions in children and young adults. The risk may be greater in people who have had these thoughts or actions in the past. All people who take this drug need to be watched closely. Call the doctor right away if signs like low mood (depression), nervousness, restlessness, grouchiness, panic attacks, or changes in mood or actions are new or worse. Call the doctor right away if any thoughts or actions of suicide occur.

- This drug is not approved for use in children. However, the doctor may decide the benefits of taking this drug outweigh
the risks. If your child has been given this drug, ask the doctor for information about the benefits and risks. Talk with the doctor if you have questions about giving this drug to your child.

What is this drug used for?

- It is used to treat low mood (depression).
- It may be given to your child for other reasons. Talk with the doctor.

Extended-release tablets:

- If your child has been given this form of this drug, talk with the doctor for information about the benefits and risks. Talk with the doctor if you have questions or concerns about giving this drug to your child.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child has an allergy to this drug or any part of this drug.
- If your child is allergic to any drugs like this one or any other drugs, foods, or other substances. Tell the doctor about the allergy and what signs your child had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- If your child has had a recent heart attack.
- If your child has ever had a long QT on ECG or other
heartbeat that is not normal.

- If your child has any of these health problems: Low potassium levels, low magnesium levels, or slow heartbeat.
- If your child is taking any of these drugs: Linezolid or methylene blue.
- If your child has taken certain drugs used for low mood (depression) like isocarboxazid, phenelzine, or tranylcypromine or drugs used for certain other health problems in the last 14 days. Taking this drug within 14 days of those drugs can cause very bad high blood pressure.
- If your child is taking any drugs that can cause a certain type of heartbeat that is not normal (prolonged QT interval). There are many drugs that can do this. Ask the doctor or pharmacist if you are not sure.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child’s drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for your child to take this drug with all of his/her drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

**What are some things I need to know or do while my child takes this drug?**

- Tell all of your child’s health care providers that your child is
taking this drug. This includes your child’s doctors, nurses, pharmacists, and dentists.

- Have your child avoid tasks or actions that call for alertness until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.

- To lower the chance of feeling dizzy or passing out, have your child rise slowly if your child has been sitting or lying down. Have your child be careful going up and down stairs.

- Alcohol may interact with this drug. Be sure your child does not drink alcohol.

- Talk with the doctor before giving your child other drugs and natural products that may slow your child’s actions.

- An unsafe heartbeat that is not normal (long QT on ECG) has happened with this drug. This may raise the chance of sudden death. Talk with the doctor.

- This drug may raise the chance of bleeding. Sometimes, bleeding can be life-threatening. Talk with the doctor.

- Some people may have a higher chance of eye problems with this drug. The doctor may want your child to have an eye exam to see if your child has a higher chance of these eye problems. Call the doctor right away if your child has eye pain, change in eyesight, or swelling or redness in or around the eye.
• This drug can cause low sodium levels. Very low sodium levels can be life-threatening, leading to seizures, passing out, trouble breathing, or death. Talk with the doctor.

• This drug may affect how much of some other drugs are in the body. If your child is taking other drugs, talk with the doctor. Your child may need to have blood work checked more closely while taking this drug with other drugs.

If your child is pregnant or breast-feeding a baby:

• Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child’s doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child’s doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

• Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

• Signs of low sodium levels like headache, trouble focusing, memory problems, feeling confused, weakness, seizures, or
change in balance.

- Signs of bleeding like throwing up blood or throw up that looks like coffee grounds; coughing up blood; blood in the urine; black, red, or tarry stools; bleeding from the gums; vaginal bleeding that is not normal; bruises without a reason or that get bigger; or any bleeding that is very bad or that you cannot stop.

- Signs of high or low blood pressure like very bad headache or dizziness, passing out, or change in eyesight.

- A fast heartbeat.

- A heartbeat that does not feel normal.

- Swelling.

- Feeling confused.

- Call your child’s doctor right away if your child gets a painful erection (hard penis) or gets an erection that lasts for longer than 4 hours. If this is not treated right away, it may lead to lasting sex problems and your child may not be able to have sex in the future.

- A very bad and sometimes deadly health problem called serotonin syndrome may happen. The risk may be greater if your child takes this drug with drugs for depression, migraines, or certain other drugs. Call your child’s doctor right away if your child has agitation; change in balance; confusion; hallucinations; fever; a fast or abnormal heartbeat; flushing; muscle twitching or stiffness; seizures;
shivering or shaking; sweating a lot; very bad diarrhea, upset stomach, or throwing up; or very bad headache.

**What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child’s doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Dizziness.
- Feeling sleepy.
- Constipation.
- Dry mouth.
- Diarrhea.
- Stomach pain.
- Headache.
- Upset stomach or throwing up.
- Feeling nervous and excitable.
- Shakiness.
- Feeling tired or weak.
- Muscle pain.
- Stuffy nose.
- Weight gain or loss.

These are not all of the side effects that may occur. If you have
questions about side effects, call your child’s doctor. Call your child’s doctor for medical advice about side effects.

You may report side effects to your national health agency.

**How is this drug best given?**

Give this drug as ordered by your child’s doctor. Read all information given to you. Follow all instructions closely.

- Give this drug right after a meal or light snack.
- Tablet may be broken in half.
- Do not let your child chew or crush.
- If your child feels sleepy after taking this drug, talk with your child’s doctor. Your child’s doctor may change your child’s dose or when you give this drug.
- To gain the most benefit, do not miss giving your child doses.
- Keep giving this drug to your child as you have been told by your child’s doctor or other health care provider, even if your child feels well.
- It may take several weeks to see the full effects.
- Do not stop giving this drug to your child all of a sudden without calling the doctor. Your child may have a greater risk of seizures. If your child needs to stop this drug, you will want to slowly stop it as told by the doctor.

**What do I do if my child misses a dose?**
• Give a missed dose as soon as you think about it.

• If it is close to the time for your child’s next dose, skip the missed dose and go back to your child’s normal time.

• Do not give 2 doses at the same time or extra doses.

**How do I store and/or throw out this drug?**

• Store at room temperature.

• Protect from light.

• Store in a dry place. Do not store in a bathroom.

• Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.

• Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so.

Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

**General drug facts**

• If your child’s symptoms or health problems do not get better or if they become worse, call your child’s doctor.

• Do not share your child’s drug with others and do not give anyone else’s drug to your child.

• Keep a list of all your child’s drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your child’s doctor.
• Talk with your child’s doctor before giving your child any new drug, including prescription or OTC, natural products, or vitamins.

• Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child’s doctor, nurse, pharmacist, or other health care provider.

• If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

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