Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Urgent Care Center and Symptom Care Clinic Nursing Discharge Instructions: Chest Pain

This information explains nursing discharge instructions for chest pain from the Urgent Care Center (UCC) or the Symptom Care Clinic (SCC).

Chest pain

Take your medications as prescribed.

Call 911 or go to the nearest emergency room if you have new or worsening chest pain or chest pressure. The pressure may also go to your neck, jaw, arm(s), or abdomen (belly).

Call your MSK healthcare team if you have other changes, such as:

- New or worsening shortness of breath.
- Sweating.
- Nausea (feeling like throwing up).
- Vomiting (throwing up).
- Dizziness.
- A fever of 100.4°F (38°C) or higher.

Your care team may direct you to your regional Symptom Care Clinic (SCC) or the Urgent Care Center (UCC).

Follow up with your MSK healthcare team after discharge.

You can search for information on this topic and many others in MSK's Patient and Caregiver Education library at www.mskcc.org/pe

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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