Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Urgent Care Center and Symptom Care Clinic Nursing Discharge Instructions: Fever

This information explains nursing discharge instructions for fever from the Urgent Care Center (UCC) or the Symptom Care Clinic (SCC).

Fever

Check your temperature if you feel like you might have a fever or feel sick.

Call your MSK healthcare team before taking any medications for your fever, including over-the-counter medications, such as acetaminophen (Tylenol®) or ibuprofen.

Wash your hands often, especially after coughing or sneezing. Alcohol-based hand sanitizers also kill germs.

Consider social distancing from people who appear to be sick. When you are around people who are sick, do not get too close (such as kissing, hugging, or sharing utensils).

Wear a mask if you have one.

Ask family members and close friends to consider getting the flu and COVID vaccines.

Wipe with a disinfectant items people touch often, such as door handles, remote controls, toys, and phones.

Drink at least 6 to 8 (8-ounce) glasses of water or other liquids each day to stay hydrated.

Call your MSK healthcare team or go to the nearest emergency room if you have signs of infection, such as:

- A fever of 100.4°F (38°C) or higher.
- Shaking chills
- Sweating

Your care team may direct you to your regional Symptom Care Clinic (SCC) or the Urgent Care Center (UCC).

Follow up with your MSK healthcare team after discharge.

You can search for information on this topic and many others in MSK's Patient and Caregiver Education library at

www.mskcc.org/pe

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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