

## PATIENT & CAREGIVER EDUCATION

## Urgent Care Center and Symptom Care Clinic Nursing Discharge Instructions: Urinary Catheter

This information explains nursing discharge instructions for a urinary catheter from the Urgent Care Center (UCC) or the Symptom Care Clinic (SCC).

## **Urinary Catheter**

Review the patient education information your healthcare provider gave you for instructions on how to care for your urinary (Foley) catheter.

If your catheter comes out, call your MSK healthcare team. Do not try to replace it yourself.

Call your MSK healthcare team or visit the nearest emergency room if you have new or worsening symptoms, such as:

- Abdominal (belly) pain.
- Bright red blood or large blood clots in your urine (pee).
- Bad smelling urine.
- Making less urine than usual.
- Signs of infection, such as a fever of 100.4°F (38°C) or higher, shaking chills, or sweating.

Your care team may direct you to your regional Symptom Care Clinic (SCC) or the Urgent Care Center (UCC).

Follow up with your MSK healthcare team after discharge.

For more information, visit www.mskcc.org/pe/caring\_foley\_catheter

You can search for information on this topic and many others in MSK's Patient and Caregiver Education library at <a href="https://www.mskcc.org/pe">www.mskcc.org/pe</a>

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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