Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Urgent Care Center and Symptom Care Clinic Nursing Discharge Instructions: Urinary Tract Infection

This information explains nursing discharge instructions for urinary tract infection from the Urgent Care Center (UCC) or the Symptom Care Clinic (SCC).

Urinary Tract Infection

Take your medications as prescribed.

Drink at least 6 to 8 (8-ounce) glasses of water each day to stay hydrated.

If you have a urinary (Foley) catheter, review the patient education information your healthcare provider gave you.

Call your MSK healthcare team or go to the nearest emergency room if you have:

- A fever of 100.4°F (38°C) or higher.
- Shaking chills.
- Pain when you pass urine (pee).

- New or worsening back or belly pain.
- Nausea (feeling like throwing up).
- Vomiting (throwing up).
- New or worsening blood in urine.
- Trouble passing any urine.
- Problems with your urinary (Foley) catheter, if you have one.

Your care team may direct you to your regional Symptom Care Clinic (SCC) or the Urgent Care Center (UCC).

Follow up with your MSK healthcare team after discharge.

You can search for information on this topic and many others in MSK's Patient and Caregiver Education library at www.mskcc.org/pe

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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