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PATIENT & CAREGIVER EDUCATION

# How to Perform Acupressure for Nausea and Vomiting

This video will show you how to perform acupressure to help relieve nausea and vomiting.



Please visit [www.mskcc.org/pe/acupressure\\_nausea\\_video](http://www.mskcc.org/pe/acupressure_nausea_video) to watch this video.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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