Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

How to Perform Acupressure for Nausea and Vomiting

This video will show you how to perform acupressure to help relieve nausea and vomiting.

Please visit www.mskcc.org/pe/acupressure-nausea-video to watch this video.

For more resources, visit www.mskcc.org/pe to search our virtual library.

How to Perform Acupressure for Nausea and Vomiting - Last updated on August 20, 2026
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