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PATIENT & CAREGIVER EDUCATION

# About Deep Inspiration Breath Hold (DIBH) and the Visual Coaching Device

This video describes deep inspiration breath hold (DIBH). It also describes the visual coaching device you can use during your radiation treatments with DIBH.



Please visit [www.mskcc.org/pe/dibh](http://www.mskcc.org/pe/dibh) to watch this video.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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