Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

About Deep Inspiration Breath Hold (DIBH) and the Visual Coaching Device

This video describes deep inspiration breath hold (DIBH). It also describes the visual coaching device you can use during your radiation treatments with DIBH.

Please visit www.mskcc.org/pe/dibh to watch this video.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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