



PATIENT & CAREGIVER EDUCATION

Exercises After Your Head and Neck Surgery

This video will show you exercises you can do after your head and neck surgery.



Please visit www.mskcc.org/pe/exercises-head-neck-surgery to watch this video.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Exercises After Your Head and Neck Surgery - Last updated on July 28, 2019

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Was this information easy to understand?

Yes

Somewhat

No

What could we have explained better?

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