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PATIENT & CAREGIVER EDUCATION

# Exercises After Your Head and Neck Surgery

This video will show you exercises you can do after your head and neck surgery.



Please visit

[www.mskcc.org/pe/exercises\\_head\\_neck\\_surgery](http://www.mskcc.org/pe/exercises_head_neck_surgery)  
to watch this video.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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