



PATIENT & CAREGIVER EDUCATION

Lung Exercises: Strong Legs Support Lungs

This video from Donna Wilson, a registered respiratory therapist, shows how to do exercises to help make the muscles that support your breathing muscles stronger and more flexible.

 Please visit www.mskcc.org/pe/strong_legs_support_lungs to watch this video.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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