Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Tips To Avoid Falling Before and After Your Surgery or Procedure

This video shows what you can do to avoid falling before and after your surgery or procedure.

Please visit www.mskcc.org/pe/avoid-falling-surgery-procedure to watch this video.

This video was published in August 2023. It was last reviewed for accuracy in July 2026.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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