Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Treatment for Lymphedema of the Legs

This video explains treatments for lymphedema, and will show you how to perform exercises and stretches that will help keep lymphedema under control.

Please visit www.mskcc.org/pe/lymphedema-legs-treatment to watch this video.

This video was published in May 2017. It was last reviewed for accuracy in June 2026.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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