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PATIENT & CAREGIVER EDUCATION

# About Wearing a Mask at MSK

At MSK, we make every effort to provide a safe and welcoming environment for our patients and visitors. Masks are one of the best ways we have to keep our patients and staff healthy and safe.

Please see our [Visitor Policy](#) for the latest updates on our masking rules.



## How does wearing a mask help?

Covering your mouth and nose greatly lowers the chances of spreading infection. It stops small droplets that come out of your mouth when you talk, sneeze, and cough.

## What is the correct way to wear a mask?

Face masks should cover your nose, mouth and chin. If possible, adjust your mask so there are no gaps on either side.

## Can I take my mask off to eat?

Yes, it's fine to take off your mask while you eat and drink. If a staff member enters your room, please put your mask back on.

## What if I need a new mask?

If you need a new mask, ask any member of your care team.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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About Wearing a Mask at MSK - Last updated on January 5, 2021

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