



PATIENT & CAREGIVER EDUCATION

About Wearing a Mask at MSK

At MSK, we make every effort to provide a safe and welcoming environment for our patients and visitors. Masks are one of the best ways we have to keep our patients and staff healthy and safe.

Please see our [Visitor Policy](#) for the latest updates on our masking rules.



How does wearing a mask help?

Covering your mouth and nose greatly lowers the chances of spreading infection. It stops small droplets that come out of your mouth when you talk, sneeze, and cough.

What is the correct way to wear a mask?

Face masks should cover your nose, mouth and chin. If possible, adjust your mask so there are no gaps on either side.

Can I take my mask off to eat?

Yes, it's fine to take off your mask while you eat and drink. If a staff member enters your room, please put your mask back on.

What if I need a new mask?

If you need a new mask, ask any member of your care team.

For more resources, visit www.mskcc.org/pe to search our virtual library.

About Wearing a Mask at MSK - Last updated on January 5, 2021

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