Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Create & Relate: Coping with the Holidays for Young Adults

As we approach the holiday season, join the Adolescent and Young Adult (AYA) Program for an in-person evening of crafting and conversation with other young adults. Participants will create a winter craft while engaging in a supportive discussion about managing stress and expectations, honoring emotions, and finding sources of comfort and meaning during this time of year. Refreshments will be served. This program will be facilitated by an oncology social worker and will take place at the David H. Koch Center in Manhattan. Register for details and directions.

Audience

This program is for MSK patients ages 15-39.