

Immigrant Health and Cancer Disparities Service
Towards Equity in Health



Your Guide to **Telemedicine**

Telemedicine lets you talk with and see your healthcare provider without going to their office.



Memorial Sloan Kettering
Cancer Center

Reasons to use Telemedicine

- Get the care you need from the comfort of your own home.
- No need for child or elder care while you are at an appointment.
- No need to travel to an office for an appointment.
- It's easy for a friend or family member to join your appointment.
- Miss less time from work.

How to Connect to a Telemedicine Visit

You will need to have one of these devices:



Smartphone
(with Internet)



Laptop



Tablet
(with Internet)

Telemedicine appointments use a camera, microphone, and Internet or Wi-Fi access. Ask your healthcare provider what you will need.

You may request an interpreter to join your telemedicine appointment.

7 out of 10 people like telemedicine and would recommend it to others



Common Questions About Telemedicine

Does telemedicine keep my health information safe and private?

Only your healthcare provider will have access to your information during a telemedicine visit.

When you make your appointment, you can ask about the privacy of the call.

Will my health insurance cover telemedicine services?

It depends on your health insurance plan. Call your insurance company to check on your benefits or ask your healthcare provider if telemedicine is covered.

If you do not have insurance, ask your healthcare provider about the cost of telemedicine services.

Can my healthcare provider still do a physical exam?

If you need a physical exam, your healthcare provider will schedule an in-person appointment.

Can I get a prescription without seeing my healthcare provider in-person?

Yes, you can get a prescription through a telemedicine visit.

For More Information

To learn more, take a picture of the code with your phone or tablet:



English:

Telemedicine and Telehealth
<https://tinyurl.com/47tt2v48>

Español:

Telemedicina y telesalud
<https://tinyurl.com/3kc2t7f5>



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