

#### PATIENT & CAREGIVER EDUCATION

# Your Surgery at MSK's Memorial Hospital

This information explains what you can expect during your surgery at Memorial Hospital, MSK's main hospital. Read this before your surgery so that you know what to do and what to expect. Remember to review the educational resources your nurse gave you.

# Before your surgery

## Note the time of your surgery

A staff member will call you after 2 p.m. the day before your surgery. If your surgery is scheduled for a Monday, they'll call you the Friday before. If you do not get a call by 7 p.m., call 212-639-7606.

The staff member will tell you what time to get to the hospital for your surgery. They'll also remind you where to go.

This will be one of these locations:

□ Presurgical Center (PSC) on the 2<sup>nd</sup> floor Take the M elevator to the 2<sup>nd</sup> floor.

- □ Presurgical Center (PSC) on the 6<sup>th</sup> floor Tale the B elevator to the 6<sup>th</sup> floor.
- Admissions Department
  Ground floor (by the front desk)

All of these are at 1275 York Ave. (between East 67<sup>th</sup> and East 68<sup>th</sup> Streets).

Visit www.msk.org/parking for parking information and directions to all MSK locations.

## The day of your surgery

#### What to expect

Many staff members will ask you to say and spell your name and birth date. This is for your safety. People with the same or a similar name may be having surgery on the same day.

We'll give you a hospital gown, robe, and nonskid socks to wear when it's time to change for surgery.

#### Meet with a nurse

You'll meet with a nurse before surgery. Tell them the dose of any medicines you took after midnight (12 a.m.) and the time you took them. Make sure to include prescription and over-the-counter medicines, patches, and creams.

Your nurse may place an intravenous (IV) line in one of your veins, usually in your arm or hand. If your nurse does not

place the IV, your anesthesiologist (A-nes-THEE-zee-AH-loh-jist) will do it in the operating room.

### Meet with an anesthesiologist

You'll also meet with an anesthesiologist before surgery. They will:

- Review your medical history with you.
- Ask if you've had any problems with anesthesia in the past. This includes nausea (feeling like you're going to throw up) or pain.
- Talk with you about your comfort and safety during your surgery.
- Talk with you about the kind of anesthesia you'll get.
- Answer questions you have about anesthesia.

## Information for family and friends



We sometimes update our visitor policy to keep our patients and staff safe and healthy. Go to www.msk.org/visit for the most up-to-date information.

For more information about what to expect on the day your friend or family member is having surgery, read *Information for Family and Friends for the Day of Surgery* (www.mskcc.org/pe/info-family-friends).

# After your surgery

When you wake up after your surgery, you will be in the Post Anesthesia Care Unit (PACU). Depending on the type of surgery you had, you may spend the night in the PACU, move to a hospital room, or go home.

Before you leave the hospital, your nurse will review your discharge instructions with you.

The day after you go home, a member of your healthcare team will call you to see how you're feeling and answer any questions.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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