

## PATIENT & CAREGIVER EDUCATION

# Zolmitriptan

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

### **Brand Names: US**

Zomig; Zomig ZMT [DSC]

### **Brand Names: Canada**

APO-Zolmitriptan Rapid [DSC]; APO-Zolmitriptan [DSC]; AURO-Zolmitriptan; BIO-Zolmitriptan; CCP-Zolmitriptan [DSC]; JAMP Zolmitriptan; JAMP-Zolmitriptan; JAMP-Zolmitriptan ODT; MINT-Zolmitriptan; NAT-Zolmitriptan; NRA-Zolmitriptan; PMS-Zolmitriptan ODT [DSC]; PMS-Zolmitriptan [DSC]; SANDOZ Zolmitriptan; SANDOZ Zolmitriptan ODT; TEVA-Zolmitriptan; TEVA-Zolmitriptan OD; Zomig; Zomig Rapimelt

### **What is this drug used for?**

- It is used to treat migraine headaches.

## **Tablets and oral-disintegrating tablets:**

- This drug is not approved for use in children younger than 18 years of age. Talk with the doctor.
- If your child has been given this form of this drug, talk with the doctor for information about the benefits and risks. Talk with the doctor if you have questions or concerns about giving this drug to your child.

## **What do I need to tell the doctor BEFORE my child takes this drug?**

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: High blood pressure or liver disease.
- If your child has ever had any of these health problems: Chest pain or pressure; diseased arteries going to the legs or arms; heart attack; heart disease; poor blood flow in the heart, brain, bowel, or kidney; stroke or transient ischemic attack (TIA); migraines like hemiplegic or basilar migraine; or an abnormal heartbeat like Wolff-Parkinson-White syndrome.
- If your child has taken certain drugs for depression like isocarboxazid, phenelzine, or tranylcypromine in

the last 14 days. Taking this drug within 14 days of those drugs can cause severe high blood pressure.

- If your child has taken almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, or sumatriptan in the last 24 hours.
- If your child has taken ergotamine, methysergide, dihydroergotamine, or any drug like them in the last 24 hours.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

### **What are some things I need to know or do while my child takes this drug?**

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child avoid tasks or actions that call for

alertness until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.

- This drug is not meant to prevent or lower the number of migraine headaches your child gets. Talk with the doctor.
- If your child has a headache that is not like the usual migraine headaches, talk with the doctor before you give this drug.
- Giving more of this drug (a higher dose, more often) than the doctor told you to give may cause your child's headaches to become worse.
- High blood pressure has happened with drugs like this one. Have your child's blood pressure checked as you have been told by the doctor.
- Use care if your child has risks for heart disease (high blood pressure, high cholesterol, overweight, high blood sugar or diabetes, cigarette smoking, other family members with early heart disease). Talk with the doctor.

## **If your child is pregnant or breast-feeding a baby:**

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

## **What are some side effects that I need to call my child's doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high blood pressure like very bad headache or dizziness, passing out, or change in eyesight.
- Change in eyesight.
- Loss of eyesight. This can be long-lasting.
- Diarrhea or constipation.

- Severe stomach pain or bloody diarrhea.
- Weight loss.
- Leg cramps.
- Feeling of heaviness or tightness in the leg muscles.
- Feeling cold.
- Burning or aching pain in the feet or toes.
- Shortness of breath.
- A burning, numbness, or tingling feeling that is not normal.
- A severe and sometimes deadly problem called serotonin syndrome may happen. The risk may be greater if your child also takes certain other drugs. Call your child's doctor right away if your child has agitation; change in balance; confusion; hallucinations; fever; a fast or abnormal heartbeat; flushing; muscle twitching or stiffness; seizures; shivering or shaking; sweating a lot; severe diarrhea, upset stomach, or throwing up; or very bad headache.
- Very bad and sometimes deadly heart problems like heart attack and a heartbeat that is not normal have rarely happened within a few hours of taking this drug. Call the doctor right away if your child has chest, throat, neck, or jaw tightness, pain, pressure,

or heaviness; breaking out in a cold sweat; shortness of breath; a fast heartbeat; a heartbeat that does not feel normal; or very bad dizziness or passing out.

- Very bad and sometimes deadly brain blood vessel problems like stroke have rarely happened with this drug. Call your child's doctor right away if your child has weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on 1 side of the face, or change in eyesight.

### **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Feeling dizzy, sleepy, tired, or weak.
- Feeling of warmth.
- Feeling of heaviness or pressure.
- Dry mouth.
- Upset stomach or throwing up.
- Change in taste.
- Nose irritation.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

### **How is this drug best given?**

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Do not give this drug by mouth. Use in your child's nose only. Keep out of your child's mouth and eyes (may burn).
- Have your child blow nose before use.
- Spray a single dose in 1 nostril as early as you can after the attack has started.
- If your child's headache does not get better, gets better but comes back, or if your child only gets some relief, talk with the doctor before giving another dose.

### **What do I do if my child misses a dose?**

- This drug is given on an as needed basis. Do not give to your child more often than told by the doctor.

## **How do I store and/or throw out this drug?**

- Store at room temperature protected from light. Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## **General drug facts**

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much,

and when it happened.

## **Consumer Information Use and Disclaimer**

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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