

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering  
Cancer Center

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Acupuncture is a safe, painless, and evidence-based complementary therapy. Pictured is MSK Chief of Integrative Medicine Jun Mao with patient Tamara Brooks.

Call [646-608-8550](tel:646-608-8550) to schedule a consultation and receive your integrative medicine care plan.

Our doctors and nurse practitioner are specialists in integrative cancer care. They can provide you with guidance on how mind-body medicine, massage, exercise, and acupuncture could support your recovery and health. We have designed our [integrative therapies](#), [classes](#), and [workshops](#) to be used along with [surgery](#), [chemotherapy](#), and [radiation](#).

You might be facing a new [diagnosis](#), or you may be a longtime [survivor](#) coping with lasting effects from your cancer. In either case, our Integrative Medicine Service offers you options that enable you to actively participate in your care.

## Benefits of an Integrative Medicine Consultation

In a consultation, we will talk with you and your family about the side effects that concern you. Together we create a custom, holistic care plan that includes recommendations for classes and private therapies that fit into your life.

At your appointment, you and your doctor will discuss:

Using integrative therapies proven to be effective for managing [symptoms and side effects](#);

Adopting a healthy lifestyle during and after [treatment](#) with exercise, yoga, and tai chi;

Using mindfulness for managing stress and improving your sleep; and

Proper use of herbs and dietary supplements to minimize risks and maximize benefits.

At every turn, our integrative medicine team is here to help you navigate the road ahead. And the earlier we get started, the faster you may begin to see — and feel — results.

## Your Integrative Medicine Physicians



[Jun J. Mao](#)

Chief, Integrative Medicine Service; Laurance S. Rockefeller Chair in Integrative Medicine



[Gary E. Deng](#)

Medical Director, Integrative Medicine Service



[Shelly Latte-Naor](#)

Director, Mind-Body Medicine



[Kevin Liou](#)

Director, Integrative Medicine Fellowship Program



[Nirupa J. Raghunathan](#)

Director, Pediatric Integrative Medicine



[Lillian Rodich](#)

Physician Assistant



[Alyona Weinstein](#)

Nurse Practitioner

## Our Research & Clinical Trials

Our doctors and researchers are studying how integrative therapies can be used to better control or reduce the side effects of cancer. We lead many innovative research studies at our outpatient locations in Manhattan and our regional locations. Learn more about how to participate in one of our [clinical trials](#).

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