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Memorial Sloan Kettering
Cancer Center

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[5-HTP](#)

5-HTP is marketed as a dietary supplement for sleep, to improve mood and well-being, and to...

Purported Uses: Anxiety, Depression, Fibromyalgia, Hot Flashes, Insomnia, Migraines, Obesity

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[714X](#)

A proprietary product, 714X is used to prevent and treat cancer, AIDS, lupus, fibromyalgia, and...

Purported Uses: Cancer, Chronic fatigue, AIDS, Lupus, Pain

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[Acai Berry](#)

Acai berry is an edible fruit used in traditional medicine and marketed as a dietary supplement to...

Purported Uses: Cancer, Heart disease, Stroke

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[Agaricus](#)

Agaricus blazei is an edible mushroom native to Brazil and is cultivated in Japan for medicinal...

Purported Uses: Arteriosclerosis, Hepatitis, Diabetes, High Cholesterol

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[AHCC](#)

AHCC is a proprietary mushroom extract used to prevent and treat cancer.

Purported Uses: Cancer, Infections, Liver function

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[Alfalfa](#)

Alfalfa is a food crop, and its leaves and seeds are thought to have diuretic properties, to be...

Purported Uses: Diabetes, Cholesterol, Diuretic, GI disorders, Asthma, allergies, Thyroid, Lactation, Menstrual disorders

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[Aloe Vera](#)

Aloe vera is a succulent plant. The thick gel obtained from its leaves is used to heal wounds,...

Purported Uses: Burns, Inflammation, Cancer treatment side effects, Diabetes

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[Alpha-Lipoic Acid](#)

Alpha lipoic acid, naturally produced by the body, acts as a cofactor in the production of energy...

Purported Uses: Diabetes, Liver disease

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[American pawpaw](#)

Asimina triloba, commonly known as pawpaw, is native to North America and has edible bean-shaped...

Purported Uses: Lice , Cancer

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[Amygdalin](#)

Laetrile®, Amigdalina, NovoDalin B17

Amygdalin is a cyanogenic glycoside derived from nuts, plants, and the pits of certain fruits,...

Purported Uses: Cancer

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