

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering  
Cancer Center

[Make an Appointment](#)

[← Back](#)

[Basal Cell Carcinoma](#)  
[Basal Cell Carcinoma & Treatment](#)

[Refer a Patient](#)

ABOUT US

[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Equality, diversity & inclusion](#)

[Annual report](#)

[Give to MSK](#)

more.

## Counseling and Support

Sometimes, you and your loved ones just need someone to talk to, someone who's trained to help you make sense of your experience before, during, and after treatment for cancer.

Our [Counseling Center](#) offers both individual and group counseling sessions to help you and your family cope with your disease. These sessions can be a healthy, productive way to work through the stress and anxiety that are sometimes a part of treatment and recovery.

[Learn more about how we can support your emotional well-being.](#)

## Integrative Medicine

Medical treatments are often the best way to treat your cancer. Their whole purpose is to get you healthy again. But at MSK, we know that complementary services can also help soothe and heal not only your body but also your mind and spirit.

Our [Integrative Medicine Service](#) can be a valuable part of your overall treatment plan. Programs we offer include massage, acupuncture, hypnotherapy, meditation, visualization, music therapy, and nutritional counseling. Formal classes include yoga, tai chi, and chair aerobics.

[Learn more about the variety of complementary services we offer.](#)

## Older Patients

Cancer and its treatment are a challenge for anyone, regardless of age. But if you're over 65, you may face unique issues that only affect people in your age group. We're committed to providing cancer patients of all ages with the treatment, facilities, and support they need.

Your treatment team will include healthcare professionals who have the specialized training and experience to effectively treat older patients. Every aspect of your care — diagnosis, treatment, recovery, support — will be tailored to meet your particular needs.

[Learn more about how we care for older patients.](#)

## Supportive Care and Pain Management

At Memorial Sloan Kettering, we focus on all aspects of comprehensive cancer care, not just treating the disease. Our specialists in supportive care can help you cope with the side effects of therapy. These include pain, nausea, and fatigue. We can also help with the emotional and spiritual needs that often come up during and after cancer treatment.

[Learn more about how our Supportive Care Service can help you throughout the cancer experience.](#)

If you are in pain during your treatments or even after they're over, we have pain specialists who can help. We will build a plan that makes sense for you and your needs. Our experts can work with your doctor and pharmacists to give you solutions for both acute physical pain, which comes on suddenly, as well as chronic pain, which can linger. Our goal is to keep you as comfortable as possible.

[Learn more about how we can relieve your pain.](#)

### Request an Appointment

Call [800-525-2225](tel:800-525-2225)

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

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[Contact us](#)

[Locations](#)

APPOINTMENTS

[800-525-2225](tel:800-525-2225)



## ▼ About MSK

[About us](#)

[Careers](#) ■

[Giving](#) ■

## ▼ Cancer Care

[Adult cancer types](#)

[Child & teen cancer types](#)

[Integrative medicine](#)

[Nutrition & cancer](#)

[Find a doctor](#)

## ▼ Research & Education

[Sloan Kettering Institute](#)

[Gerstner Sloan Kettering Graduate School](#) ■

[Graduate medical education](#)

[MSK Library](#) ■

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