

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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another way to screen for breast cancer. They should be done along with the imaging tests. [Learn more about breast cancer screening exams offered at MSK.](#)

Request an Appointment

Call [646-497-9064](tel:646-497-9064)

Available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

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What is My Risk for Breast Cancer?

Knowing your risk for getting breast cancer will help you decide when screening is right for you. Ask your healthcare provider about your risk of getting breast cancer in your life. This is called your lifetime risk. Your lifetime risk tells us if you are at average, intermediate, or high risk for getting breast cancer. Depending on your risk, MSK has different guidelines for the type and timing of your screening.

Most breast cancers occur in people who were assigned female at birth. However, people of all genders can get breast cancer. For example, if you are a transgender man or a nonbinary person, you can still be at risk. This is true even if you had top surgery. People assigned male at birth also can get [breast cancer](#).

Average Risk for Breast Cancer

+

Intermediate Risk for Breast Cancer

+

High Risk for Breast Cancer

+

MSK’s Screening Guidelines for Breast Cancer

These are MSK’s latest guidelines for breast cancer. They may be different from those of other groups of experts. We use an approach that saves the most lives. The type of screening you have and your screening schedule are based on your personal risk for breast cancer.

If You’re at Average Risk for Breast Cancer

+

If You’re at Intermediate Risk for Breast Cancer

+

If You’re at High Risk for Breast Cancer

+

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